Helping Your Student Choose a Major

By Micael Kemp

"Mom, Dad...I've decided to major in psychology." Or sociology. Or English. Or art history. What parents wouldn't secretly experience a sinking heart and have nightmares of supporting this child well into middle age? The answer: a parent who understands the relationship between a college major and the world of work. Unlike institutions of higher education, the world of work is not categorized by college major. There are people with degrees in English selling computers, people with degrees in geology doing social work and people with degrees in Chicano studies managing a marketing territory. There are jobs that do require a specific undergraduate major: if your student wants to be an electrical engineer, he or she will need to major in electrical engineering. But, for the most part, employers are open to hiring students from all majors.

So what criteria can students use to determine what major will fit them best?

Interests. Students should choose majors that interest them. They should explore their interests then find a subject matter that matches.

Ability. Students should choose a major in which they feel they can do well. Graduate schools (and, to a much smaller degree, employers) do care about how well a student did in school.

Graduating from UCSB will provide your son or daughter with a nationally respected degree in higher education. It will provide him or her with a solid base from which to apply for graduate schools and jobs. For job training, UC students need to look to extra-curricular activities: part time jobs, internships (send them to Career Services for help with these), and club or campus government participation. Employers may not care what a student majored in, but they look deeply and critically at the kinds of out-of-class experience students have to offer.

Parents are the most significant influences in their son's or daughter's life. You can help your student by explaining the tenuous relationship between the major and employment. Then send him or her to Career Services to find workshops, handouts, and computer programs all designed to help him or her choose a major and subsequently, a career. And breathe a bit easier when you hear "Mom, Dad...I've decided to major in _____________."

Micael Kemp is the Director of Career Services. Her undergraduate degree was in psychology. She is making a comfortable living as an administrator and hasn't needed money from her parents in decades.

Planning Ahead for the Upcoming Year

In regards to housing, financial aid, and employment, many students are already beginning to think ahead to next year. Here are some things your student can work on now to better ensure success in the upcoming year.

- As part of America Saves Week (Feb. 22 to Mar. 1), the UCSB Financial Aid Office and Alumni Association will present the Financial Literacy Workshop for College Students on Tuesday, Feb. 24 from 5 p.m. to 7 p.m. at Mosher Alumni House. The workshop features tips for financial success, managing money, paying for college, and building wealth, and a question and answer session with a panel of CPAs. Free pizza will be served.
- Career Services is hosting a Summer Job Fair from 10 a.m. to 2 p.m. on March 4. Opportunities are available for students of all class levels and majors. Internships, part-time, full-time and temporary positions are open in Santa Barbara and other cities across the state. More information is available at http://career.ucsb.edu/summer_job_fair/student_info.html.
- UCSB's Community Housing Office (CHO) is a great resource for students hoping to find off-campus housing for next year. Located in the University Center, CHO provides rental listings, advice and more. The CHO Survival Guide is available on-line at www.housing.ucsb.edu/hchoice/cho-survival-guide.htm.
- The Isla Vista Resident Training Course (www.ACT-California.com) is a very useful on-line tutorial if your student is a current or soon-to-be resident of our neighboring community. Students learn about rental lease requirements, safe and legal party hosting, and general laws of the community. The training was funded in part by a California State Incentive Grant Award for comprehensive substance abuse prevention. Parents are invited to complete the training. Feedback on its usefulness can be shared with Onolee Zwicke at onolee@cox.net.
Send Your Student a Surprise

Parents often want to send heartfelt notes, small gift items, and birthday surprises to brighten their student’s day and remind them of home. Follow the following address formats for university-owned residence halls to help ensure accurate and safe delivery of your letters and packages.

United States Postal Service (for letters and packages)
USPS mail is delivered to your student’s assigned mailbox. Pick-up notices are placed in mailboxes for oversized USPS packages.

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<tr>
<th>Santa Catalina</th>
<th>All Other Residence Halls</th>
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<tr>
<td>Student’s Name</td>
<td>Student’s Name</td>
</tr>
<tr>
<td>88XXX Santa Catalina</td>
<td>P.O. Box #______, UCSB</td>
</tr>
<tr>
<td>(XXX= Student’s Box Number)</td>
<td>Santa Barbara, CA 93106</td>
</tr>
<tr>
<td>Santa Barbara, CA 93106</td>
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Courier Services (for packages and flowers)
Couriers, such as UPS, FedEx and DHL will deliver packages directly to student rooms.

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<td>Student’s Name</td>
<td>Student’s Name</td>
</tr>
<tr>
<td>6850 El Colegio Rd., Rm. # _____</td>
<td>Residence Hall Name, Room # _____</td>
</tr>
<tr>
<td>Goleta, CA 93117</td>
<td>Univ. of California, Santa Barbara</td>
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<td></td>
<td>Santa Barbara, CA 93106</td>
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Office of Student Life

The Office of Student Life (OSL) houses the Dean of Students, Student Leadership and Activities, Wellness Services, Community Development and Special Projects, and the Office of Judicial Affairs.

It is home to a number of functions that address a wide variety of student issues and concerns and work to promote and support student success.

There are many ways for a student to become involved in activities outside the classroom to enhance his or her university experience. Each year over 300 clubs and organizations—including national, regional, and local Greek chapters—register with OSL providing many opportunities for involvement and leadership. These groups and their officers are listed on the OSL Web site at www.sa.ucsb.edu/osl. Registered groups who host non-alcohol centered social, recreational, or entertainment events on Thursday, Friday, and Saturday evenings are able to apply for programming funds through the UCSB After Dark Program. This program was featured in the December 2008 issue of The Gauchos Parents Gazette and more information is available at www.sa.ucsb.edu/osl/afterdarkcalendar/.

The Leadership Development Center, located in OSL, is a resource for students to pursue development as a personal and professional leader through participation in workshops, conferences, retreats, and other programs. Three highly recommended courses, taught by OSL professional staff and adjunct faculty members, provide a strong foundation for student success: INT 20 - Introduction to the University Experience, ED 118 - The Research University and The Transfer Student Experience, and ED 173 - Introduction to Leadership Development. Monthly e-newsletters are sent by class-specific resource teams to every student offering assistance and announcing upcoming programs and events.

Several functions within OSL address student issues and concerns. The campus mental health coordinator works with distressed students, providing appropriate resources and referrals; the Office of Community Life coordinates New Student Convocation, campus and community alcohol and drug prevention efforts, and a non-partisan voter registration and education campaign; and the Office of Judicial Affairs provides education about campus regulations, education and support for discriminatory harassment, as well as administering the campus judicial process. In addition, staff members assist students to resolve grievances, provide general problem-solving, and act as a supportive resource in emergency situations.

Students are encouraged to stop by the Office of Student Life on the second floor of the Student Resource Building between the hours of 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m. or make an appointment to meet with one of the staff by calling (805) 893-4569. Several events on the UCSB After Dark Program calendar are also great resources for students.

To support the Office of Student Life, please contact Laurie Hoyle in Student Affairs Grants and Development at (805) 893-5037 or laurie.hoyle@sa.ucsb.edu. Donations from parents are vitally important in sustaining and enhancing critical student support services. These include highly rated and frequently used resources such as Campus Learning Assistance Services (CLAS, which offers tutoring) and Career Services.

Please consider giving to one of these important services today! Your contributions to student affairs help all students to:

• Develop skills—like leadership skills—that will serve them throughout their lives
• Make life-long friends and strengthen social connections through responsible engagement in student clubs, organizations, and community service projects
• Extend their in-class experiences with extracurricular opportunities such as professional internships facilitated by Career Services and workshops, lectures and presentations offered by the MultiCultural Center
• Serve as peer educators in areas such as alcohol and drug prevention programming and mental health/suicide prevention
• Access special resources such as the adapted technology computer lab for students who are differently-abled
• Gain much-needed financial support and crucial financial relief through scholarships and emergency grants and loans (like the Umfundi Endowment)

Thank you for your support!