

## upcoming events

**Jan. 22**  
**Women's Basketball**  
**vs. UC Davis**  
7 p.m. Thunderdome

**Jan. 24**  
UCSB MultiCultural Center  
presents  
**Conversations with**  
**"Ugly Betty" star Tony Plana**  
7 p.m. Isla Vista Theater

**Jan. 29**  
UCSB Arts & Lectures presents  
**The Neville Brothers**  
8 p.m. Campbell Hall\*

**Feb. 3**  
UCSB Arts & Lectures presents  
**Pulitzer Prize-winning**  
**journalist and bestselling**  
**author Anna Quindlan**  
8 p.m. Campbell Hall\*

**Feb. 4**  
UCSB Arts & Lectures presents  
**The Tokyo String Quartet**  
8 p.m. Campbell Hall\*

**Feb. 14**  
**Men's Basketball vs. Cal Poly**  
7 p.m. Thunderdome

*\* For tickets to UCSB  
Arts & Lectures events,  
call (805) 893-3535.*

## Student Housing Options for 2009-2010

As winter quarter kicks off, your son or daughter may begin thinking about housing for next year. There are a wide variety of options available at UCSB and in the surrounding community. As a parent, you can help by talking with your student about the different choices that are available.



Most freshman students choose to reside in the residence halls during their first year at UCSB. Many of these students wish to live in the residence halls for subsequent years. Housing is not guaranteed for continuing students; however, spaces are assigned through a lottery system. If your student is hoping to live in a UCSB residence hall next year, he or she must complete the on-line application ([www.housing.ucsb.edu/application/continuing](http://www.housing.ucsb.edu/application/continuing)) between February 1 and 15, 2009. Lottery results are available in early March, which allows students time to make alternate housing arrangements if they are not granted a space.

An equal or greater number of students opt to move off campus after their first year. Off-campus housing options include University-owned apartments, privately-owned residence halls, and privately-owned apartments and houses in the surrounding communities of Isla Vista, Goleta, and Santa Barbara.

The undergraduate apartments are a popular option for students wishing to physically move off campus, but remain in University-owned housing. To be entered in the lottery for a space, students must complete the on-line application referred to above. For more information, encourage your student to visit [www.housing.ucsb.edu/hchoices/ugrad-general-info](http://www.housing.ucsb.edu/hchoices/ugrad-general-info).

Some students choose to live in one of two privately-owned residence halls in Isla Vista—Fontainebleu and Tropicana Gardens. For more information visit their Web sites at [www.myownapartment.com/fontainebleu](http://www.myownapartment.com/fontainebleu) and [www.tropicanagardens.com](http://www.tropicanagardens.com).

UCSB's Community Housing Office (CHO) is available to assist students who are hoping to move into apartments or houses in the surrounding areas of Isla Vista, Goleta, and Santa Barbara. The CHO office, located in University Center 3151, provides rental listings, advice, move-in and move-out videotaping (\$20) to help protect security deposits, and landlord/tenant and roommate dispute resolution. Students and parents can send questions about community housing to [ucscho@housing.ucsb.edu](mailto:ucscho@housing.ucsb.edu) or call (805) 893-4371.

## important dates

**Jan. 16**  
**Last Day to**  
**Add Winter Courses**  
**(without an additional fee)**

**Jan. 19**  
**Martin Luther King, Jr. Day**  
UCSB Closed  
No Classes

**Jan. 26**  
**Last Day to**  
**Add Winter Courses**  
**(with an additional fee)**

## Helping Your Student Get Ahead at UCSB

Over the recent holiday break, you and your student may have talked about fall quarter's ups and downs. Was your student pleased with his or her grades and study habits? Did your son or daughter feel like he or she succeeded in obtaining a nicely balanced academic, personal, and social life? Even if fall quarter was successful for students, they often feel that a few adjustments and new habits can make them thrive even more in college. Here are some tips for getting ahead at UCSB that you can pass along to your son or daughter:

- Attend instructors' office hours from the start. Don't wait until your grade slips or final exam week. Get to know your instructors and take advantage of the help and guidance they are willing and able to provide.
- Stay caught up on reading, studying, and assignments. Don't allow yourself to get behind.
- Fully utilize Campus Learning Assistance Services (CLAS) by attending an academic skills workshop or course tutorial. View the full CLAS schedule on-line at [www.clas.ucsb.edu/CLAS\\_schedules](http://www.clas.ucsb.edu/CLAS_schedules).
- Feeling stressed? Don't hesitate to visit Counseling Services for stress management tips or a 20-30 minute session in an alpha wave or massage chair.
- Devote some non-academic time to yourself. Workout at the Recreation Center, plan to attend a Wellness Program (<http://wellness.sa.ucsb.edu>) event, or hang out with friends.

Student  
Focus  
Affairs

## UCSB Alcohol & Drug Program

The transition to college can change the relationship between parents and sons and daughters as both parties let go of their traditional roles; however, your new role in the life of your college student is absolutely significant. Parents often ask what they can do to help. It is essential that parents talk to their students about the personal and community impacts of excessive or high-risk drinking. Be prepared to initiate this discussion and talk face-to-face, if possible. Openly express your concerns and make it clear that under-age consumption of alcohol and driving after drinking are both against the law. Most importantly, foster a strong, trusting relationship and be available to talk and, more importantly, listen to your student.

UCSB has long recognized that alcohol use can become a source of physical, social, and academic problems for college students. In 1980, the first Alcohol & Drug Program (ADP) in the UC system (and one of the first in the country) was established at UCSB. The Alcohol & Drug Program strives to create a safe, healthy, and learning-conducive environment through the promotion of healthy choices concerning alcohol, tobacco, and other drug use, and emphasizes the elimination of harmful use, high-risk behavior and related violence.

A task force of students, staff, faculty members, and community members guide the program's prevention efforts, which include educating students about responsible alcohol use; providing early intervention and free, confidential counseling for those who need help; altering the environment to limit access to alcohol by underage students; providing alcohol-free social options; and ensuring compliance with substance abuse policies and laws and consequences for policy violations.

Students can make a confidential appointment for counseling and support by calling (805) 893-3371. For more tips and information for parents, visit ADP's Web site at <http://alcohol.sa.ucsb.edu/Parents>.

If you wish to support the Alcohol & Drug Program mission or another service provided by UCSB Student Affairs, please contact Laurie Hoyle in Student Affairs Grants and Development at (805) 893-5037.

The *Gauchos Parents Gazette* is published by the University of California, Santa Barbara, Division of Student Affairs, Orientation Programs and Parent Services.

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# UCSB ACCESSible to Students

## What is the ACCESS card?

College is much more than just balancing coursework, jobs, club activities, and free time. The ACCESS card makes money management easy, convenient, and safe, because students have enough to worry about already. The ACCESS card, UCSB's full-color, official identification card, allows students to gain access to campus services. Additionally, the ACCESS card can be set up as a declining balance debit card. Students won't have to worry about someone else spending their money, because their photo is right on the card.



## What are some of the campus services that require the ACCESS card?

The ACCESS card allows students to gain access to the dining commons, reserve materials at Davidson Library, access and print in computer labs, and to use the Recreation Center. Students can also enter sporting events and ride the local bus system for free by showing their ACCESS card. Before riding the local bus system, students must request a free MTD bus sticker through the on-line registration system.

## How does my student set up his or her ACCESS card as a declining balance debit card?

Students should visit the information desk in the University Center to convert their cards. There is a one time processing fee of \$15. Students can deposit funds into their ACCESS debit card account at the University Center information desk or cashier's office. Checks can also be mailed to the ACCESS card office with the appropriate forms. If a student's ACCESS debit card is damaged, it is replaced for no charge.



## Where is the ACCESS debit card accepted?

On campus, the ACCESS debit card is accepted at more than ten dining locations, three convenience stores, ticket offices, the University Center Bookstore and post office, parking services, and more. More than ten off-campus vendors also accept the ACCESS debit card. Many of these vendors also offer discounts to students with the ACCESS debit card.

## Does my student have to set up his or her ACCESS card as a debit card?

No. Students may opt for a free black and white ACCESS card with limited uses. There is a \$5 replacement fee if the card is damaged.

## What if my student loses his or her ACCESS card?

All ACCESS cards have a \$20 replacement fee if lost.

If you or your student have questions about the ACCESS card, call (805) 893-2464 or visit [http://www.ucen.ucsb.edu/student\\_services/ss\\_access\\_home.html](http://www.ucen.ucsb.edu/student_services/ss_access_home.html).

# Reflecting on the Holidays

Happy New Year! We hope you had a wonderful holiday season and enjoyed having your student home for a few weeks. Parents of first year students find it exciting to hear about all the new and interesting things their students are doing at UCSB.

What have you learned about your student? In what ways has your son or daughter changed since arriving at school? What has surprised you the most? What have you learned about UCSB? Have any of these things inspired you to become more involved on campus?

We love to hear from our Gauchos Parents! Please send your reflections on the holidays to [gauchoparents@sa.ucsb.edu](mailto:gauchoparents@sa.ucsb.edu) or by mail to:

Orientation Programs and Parent Services  
2145 Student Resource Building  
UC Santa Barbara  
Santa Barbara, CA 93106-5020



You could be featured in the next issue of the *Gauchos Parents Gazette*!