

Campus Connection

A Student Affairs Newsletter for Parents

SUMMER 2000

VOLUME I ISSUE 3

A STATEMENT OF CAMPUS STANDARDS

◆ Integrity in Academic Pursuits

"In an institution where the search for knowledge and truth is the primary goal, integrity in teaching, learning, research, and scholarship is paramount. Dishonesty undermines our common missions. This translates into the obvious: write your own papers, take your own tests, do your own work."

◆ Respect and Consideration in Interactions with Others

"The real test of this value comes when we encounter people whose backgrounds, beliefs, and worldviews differ from our own. If your educational experience is all that it should be, you will graduate prepared to navigate a society that comprises many different kinds of people. You will also graduate having seen and understood different worldviews, and will perhaps expand your own. These are the key skills of the new century, and your education will be incomplete if you graduate without these abilities."

"Mutual respect is a non-negotiable. What this means is that there are some boundaries that should not be crossed. Intolerant and disrespectful behavior, especially regarding race, sexual orientation, gender, ethnicity, and religion, compromises our sense of community and our ability to live and learn together."

◆ Free, Open and Respectful Exchange of Ideas

"Our community requires the respectful exchange of ideas. People should be passionate about what they believe and how they express that belief, but they must also be civil in both word and deed. This principle is particularly important when a community encompasses people who have different backgrounds, worldviews, etc. I am not talking about political correctness, I am talking about basic respect — about how people treat one another, not about what people think or believe."

◆ Contributions to and Participation in the Community

"We should all serve the campus and community while we are here. Contributing to the community can take the form of simply being a good citizen, being considerate of neighbors, cleaning up the campus and community, volunteering at a school or social service in town, or helping to raise money for charity."

Convocation Planned for New Students

New UCSB students will attend an event this fall that combines formal and informal elements, and that will, it is hoped, firmly establish that the newcomers have joined a vibrant, dynamic community dedicated to learning. Plans for the formal part, called "New Student Convocation," include the Storke Tower carillon's playing as faculty in full regalia walk to a platform for welcoming and inspirational addresses. This first convocation has been set for September 18 at 4 p.m. on the Faculty Club lawn. Following the ceremony, faculty will dine with students in the residence halls and, afterwards, lead discussions with groups of new students.

"It will be a powerful way to transmit to the newest members of the UCSB community the central values of scholarship, leadership, and academic traditions that emphasize the value of learning as an integral part of life," said Richard Watts, chair of the Academic Senate. Vice Chancellor Michael Young echoed this sentiment: "Among other things, we want to communicate to students that attending a world-class institution confers privilege, prestige, and unique opportunity, but it also obligates them to meet a set of standards and to fulfill certain expectations." (See sidebar for excerpts from a statement of campus standards proposed by Vice Chancellor Young.)

A core group of faculty, staff, and students have been working on the event since February, explained Debbie Fleming, associate dean of students and chair of the planning committee. "The formal ceremony, held in the same location as commencement, will frame two major transitions in students' lives. It will include a welcome by the chancellor, addresses by faculty and student speakers, a keynote address, and highlights of recent faculty awards for outstanding teaching and research."

"This event will mark an important new tradition for UCSB," said Chancellor Henry Yang, "a very special way to communicate values to our students and to

induct new scholars into our academic community. It will establish a sense of pride about being part of a premier research institution and promote excitement about the rich and varied opportunities that await them at UCSB."

Those opportunities will be among the themes explored by the faculty who will share their experiences with new students over dinner and/or lead discussions from 7-8 p.m. the same evening. These discussions, co-led by staff members and student resident assistants, will help new students reflect on the values of the university and what they want to achieve during their years at UCSB, according to Fleming.

All new UCSB students will receive in the mail in late August a formal announcement for New Student Convocation.

—article courtesy of 93106: UCSB's Faculty & Staff Newspaper



HEPATITIS B IMMUNITY REQUIREMENT

New California state law requires that all new UC students who will be 18 or younger at the time of enrollment must provide proof of immunity to Hepatitis B. At the Santa Barbara campus, October 1, 2000 is the enrollment date being used for the purpose of evaluating compliance with the new law.

Since this is the first time the law is being implemented on a large scale, there will be a grace period. At UCSB, students will be allowed to register fully if they have completed at least the first shot in the three-shot series or if they are medically exempt or sign a statement declaring the immunization to be contrary to their beliefs.

Those students who have been allowed to register based on obtaining the first injection but have not provided full proof of immunity have until Spring quarter 2001 to complete the full three injection series. If the series of injections has not been completed at that time, the student will not be allowed to register for any classes.

Alcohol And College Students

What Parents Should Know

Making the call to parents to inform them that something has happened to their son or daughter has to be every college administrator's worst nightmare. This task is made even harder when the situation could have been prevented.

Tragically, nationwide, students die from preventable alcohol poisoning and alcohol-related accidents every year. Many more students suffer other consequences as a result of their abuse of alcohol. It is not surprising, therefore, to learn that alcohol use and abuse are the number one concern for college administrators and the subject of a great deal of study and research.

A NATIONWIDE CONCERN

Perhaps the most widely publicized research comes from the Harvard School of Public Health. Henry Wechsler and colleagues have conducted three major studies focusing on the prevalence and consequences of binge drinking (defined as five or more drinks in a row one or more times during a two-week period for men, and four or more drinks in a row one or more times during the same period for women). The studies revealed that an unfortunate nationwide prevalence of binge drinking and the problems associated with it have not changed overall; two in five students were binge drinkers in 1993, 1997 and 1999. While the frequency of abstinence did rise from 15.6% to 19.2% from 1993 to 1999, the percentage of students who met the criteria for frequent binge drinking increased from 19.5% to 23% from 1993 to 1999.

Students who binged reported experiencing problems ranging from hangovers, class absences, and failure to complete class assignments to physical injuries, unplanned or unprotected sexual activity, trouble with the police and emergency treatment of alcohol overdose. The more students binged, the more likely they were to experience these problems. The Harvard researchers also found that it is no longer possible to view binge drinking as solely the bingers' problem—other students are paying a steep price too. "Second-hand" binge effects include things like being insulted or assaulted, having one's studying or sleep interrupted, having to "baby-sit" drunken friends, or becoming a victim of "date rape."

A UCSB CONCERN

While over half of our students do not binge drink—and over 3,000 students seldom, if ever, drink at all—UCSB students are not immune to alcohol abuse and related problems. Surveys conducted over the last ten years reveal that rates of binge drinking among UCSB students are comparable to the national average. We have long recognized that alcohol abuse can be a major source of problems (physically, socially and academically) for our students. To that end, in 1980, the campus established an Alcohol and Other Drug (AOD) Program, housed in Student Health—the first such program in the UC system (and one of the first in the country). Guided by a task force of students, staff, faculty, and community members, AOD prevention efforts have expanded and changed over the years to include new strategies that show promise on this and other campuses.

As recommended by the Higher Education Center for Alcohol and Other Drug Prevention, UCSB's current efforts fall into six categories: education, early

intervention, environmental change, enforcement, evaluation and everybody's involvement. Aided by permanent and extramural (grant) funding, our strategic plan involves a large number of campus departments, student groups and the community of Isla Vista.

WHAT PARENTS CAN DO

College is a turning point in the relationship between parent or guardian and son or daughter. It is a time when both parties are letting go of traditional and comfortable roles and looking forward to the future. But, your role as parent or guardian in the life of your college student continues to be significant.

"We've all seen and heard horror stories about deaths and injuries caused by excessive drinking on campus," College Parents Association President Richard M. Flaherty said. "As parents, you are frightened by these stories. You have every right to be. Student alcohol abuse can be addressed, just as we have reduced drunk driving on our nation's roads. This fight will require college parents, students, universities and their communities working together." It is imperative that parents talk to their sons and daughters about the personal and community impact of binge drinking.

THINGS TO CONSIDER

- Be prepared to initiate the discussion.
- Whenever possible, exchange information face to face rather than over the phone.
- Look for and create "teachable moments" such as television news, dramas, books, or newspapers that deal with substance use in college settings.
- If the teachable moment seems to arise because your son or daughter is intoxicated, do not try to initiate the conversation at that time. Wait until the next day.

WHAT TO SAY

- Inform yourself about alcohol and the alcohol scene on campus; talk to your son or daughter about it.
- Make it clear that under-age consumption of alcohol and driving after drinking are both against the law.
- Openly and clearly express concerns about under-age drinking and dangerous alcohol consumption (e.g., drinking games).
- Remind students that over-consumption of alcohol is toxic to the human body and can even lead to death from alcohol poisoning.
- Make sure your son or daughter is prepared to intervene when a classmate is in trouble with alcohol.
- Encourage students to stand up for their rights to a safe academic environment that enhances intellectual growth.
- Discuss ways to refuse a drink.
- Set clear and realistic expectations about academic performance. The following table describes the relationship between the average number of drinks consumed per week by college students and grade point average. Source: (1996 National CORE Survey)

A = 3.6 Drinks per week

B = 5.5 Drinks per week

C = 7.6 Drinks per week

D = 10.6 Drinks per week

- Encourage your son or daughter to get involved in campus or community volunteer work.

- Don't give your son or daughter too much spending money.
- Refrain from glamorizing any alcohol-fueled exploits you may have had in college.
- If there is problem drinking in your family, be sure your son or daughter is aware that s/he is at risk for developing a problem, too. (Research shows that there is a genetic link.)
- Foster a strong, trusting relationship and be available to talk and, more importantly, to listen.
- If you become concerned that your son or daughter is developing a problem, contact the Alcohol and Other Drug Program, Student Health (805) 893-2263.

Although the media coverage of recent alcohol-related deaths among college students has focused the spotlight on collegiate substance abuse, college binge drinking has been a public health dilemma for decades. The media attention is a good step toward fostering discussion and change. Together we can make a difference.

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Campus Connection is published by the University of California, Santa Barbara, Office of the Vice Chancellor for Student Affairs, to provide news and resources to the parents of UCSB undergraduates.

The University of California, Santa Barbara and the Division of Student Affairs recognize the diversity of our society and the many important people who have become "parents" to our students; these include step-moms, step-dads, uncles, aunts, grandparents, siblings, friends and others who play a significant and supportive role in the lives and successes of UCSB undergraduates.

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THE WORLD COMES TO UCSB

Live Performance at a Bargain Price

The beginnings are alike: you climb the Campbell Hall steps through an animated crowd; you turn in your ticket; an usher helps you find your seat; you check out the other audience members; you glance at your program; you talk to your companion. Then the house lights dim. Voices hush. Stage lights come up. A marvel starts to unfold, and it's different and new every time.

Standing alone in the spotlight could be a young jazz musician, illustrating with his first notes why he's called "the crown prince of tenor saxophone." It could be a theater company from New York bringing to vivid life a comic 18th century play. Perhaps it's a tango company from Buenos Aires, a band from Budapest, a Chinese opera company in lavish costumes, a pianist from Montreal playing Chopin with utmost delicacy. Or the stage might fill up with a company of dancers so daring, so adept and thrilling that two hours later, an enthusiastic audience cannot bear to admit the evening is over and let the artists go home.

This is live performance at UCSB. It's diverse and it's first-rate. It's eye-opening, world-expanding, communal and utterly entertaining.

For forty-two years, UCSB Arts & Lectures has been presenting an exciting array of dancers, musicians and theater artists from across the United States and around the world. While Arts & Lectures programs are advertised to everyone on campus and in the community, the UCSB students are truly the most cherished audience members. It is Arts & Lectures' intention for the student to be the true beneficiary of the rich rewards the performing arts experience has to offer.

The live performances that happen thirty nights a year in Campbell Hall are an integral part of a university education. They supplement classroom learning. They arise out of and speak to our full humanity. They bring us together. They invigorate. They challenge and inspire. They might launch a lifetime of arts attendance.

And they are a bargain: Arts & Lectures offers a discount on every ticket it sells to students. And when students buy tickets to at least 5 performances, they



Pilobolus

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can take an additional \$3 off the price of each ticket. This means that during the 2000-2001 season, students can buy a Choose-Your-Own Series - five performing arts events of their own choice - for as little as \$55.

If you, as a parent, want to help your student take advantage of Arts & Lectures' great performances, consider buying him or her A&L Gift Certificates. They come in \$5 and \$10 denominations and work like cash at our Ticket Office. They have no expiration date. There is also no limit on the pleasure they will afford.

A&L's 2000-2001 season is strikingly international: it features artists from Israel, Mali, Portugal, Spain, Korea, Russia, Iran, Ireland, Romania Canada and England. It includes three jazz artists, six dance companies, eight evenings of world music, and five evenings each of classical music and theater.

Call the Arts & Lectures Ticket Office at 805/893-3535 for a free brochure, to purchase tickets or to order gift certificates. Visit us on-line at www.artsandlectures.ucsb.edu.

Getting Involved, Staying Active at UCSB

Co-curricular activities serve an important role in the quality of life at UCSB. Clubs and organizations offer opportunities to meet new people, develop leadership skills, integrate course work with practical experiences, and gain a well-rounded education. There are over three hundred active organizations at UCSB and many ways for your student to get involved. Students can get involved in a religious, career, political, athletic, social, or cultural organization and find a way to make their UCSB experience rich with new friends and new ideas. Encourage your student to go to the Activities Faire on October 11th at Storke Plaza. This is an event at which 150+ of the organizations come out "to strut their stuff." It is a great time for meeting new people and finding out about all of the opportunities that UCSB co-curricular life has to offer.

Another way for your student to get involved is

through Associated Students (A.S.), the student governing body for all undergraduates. A.S. has internal committees through which students can learn a myriad of lifelong skills. A.S. also offers students an opportunity to serve on university and Academic Senate committees and to make their voices heard on many important campus issues.

Many students chose to become involved through fraternities and sororities. Formal and informal recruitment processes occur in the fall for all chapters. These organizations offer many leadership and community service opportunities.

Encourage your student to check out the many ways to get involved. Student organizations are listed at <http://www.sa.ucsb.edu/campusorgs/index.asp>, and Associated Students can be found at <http://www.as.ucsb.edu>

DATES AND DEADLINES

August 2000

- If your son or daughter received an official Financial Aid Award letter from the UCSB Financial Aid Office indicating that he/she wanted to apply for a loan, your son or daughter will be sent a promissory note that must be completed and returned to the Financial Aid Office.

September 15, 2000

- Fall quarter fee deadline for all students. If financial aid credited to your son's or daughter's account with the UCSB Billing Office by this date is not sufficient to pay the balance due, the balance must be paid or deferred by 4 p.m. to avoid a \$50 late payment fee. For more information, please refer to pages 2 and 3 in the Fall Quarter Schedule of Classes.

- If the amount of financial aid that is credited to your son's or daughter's account with the Billing Office exceeds what is owed the University for fees and on-campus housing, if applicable, a credit balance will appear, and the Billing Office will mail a refund check to his or her permanent address. Any refund checks created after September 15 will be mailed to students' local addresses. If your son or daughter will be living in one of the off-campus residence halls - College Park, Francisco Torres, Fontainebleau, or Tropicana Gardens - he/she may need to use the proceeds from the refund check to pay the housing bill.

Please note: If your son or daughter will be living in one of the off-campus residence halls, the refund check, if applicable, will not be available to help pay any housing charges that are due before September 15. All off-campus residence halls listed above have alternative payment plans available to UCSB financial aid recipients. Students should contact their own residence halls for more information.

September 19, 2000

- Orientation for freshmen who missed summer orientation.

September 25, 2000

- Instruction begins.

January 1, 2001 - March 2, 2001

- The 2001-2002 Free Application for Federal Student Aid (FAFSA) must be completed and mailed to the federal processor during this time period in order to be given priority consideration for financial aid for the 2001-2002 academic year.

UCSB Recreational Sports: Fun, Fitness and Friendship

Welcome to “paradise.” What exactly is paradise? Is it the location nestled between the beautiful mountains of the Los Padres Forest and the sandy beaches of the Pacific Ocean? UCSB’s Recreational Sports believes paradise is a mindset achieved by taking pride in self and making intelligent and ethical decisions to achieve a healthy state of being. It is finding a balance for the universal goals in our lives such as education, career, relationships and recreation. Only with this balance is it possible for one to achieve success and happiness through exercise of mind, body, and spirit.

UCSB Recreational Sports facilitates student-directed programs that are participant-focused and are fun, safe, inclusive, accessible, challenging and motivating. These programs include Intramurals, Sport Clubs, Open Recreation, and Special Events.

Recreational Sports programs are popular with students. In addition to providing fun, fitness, and friendship for participants, the programs are used as a vehicle for student development. The programs encourage teamwork, leadership, and social responsibility. Hundreds of students are either employed under Rec Sports direction or volunteer as student leaders and practice management, organization, and leadership skills. When included as part of an individual’s general educational experience, these skills ultimately prepare students for their future in a diverse society.

With this philosophy in mind, the goal is to empower 100 percent of students in a healthy lifestyle. Interest, not skill, is the only prerequisite for participation in the programs. Whether your son or daughter is a former varsity player or a beginner, the Recreational Sports staff believes there is a program for him or her.

Intramurals (Intra = within, murals = walls): Within the walls of UCSB just about every sport imaginable is offered for students to participate in from traditional sports like basketball and volleyball to non-traditional sports like inner-tube waterpolo and ultimate frisbee. Levels of play range from “A” for the former high school varsity member to “C” for a new participant. “B” is for the intermediate participant and covers the widest range. Students may formulate their own

teams by asking friends, classmates, and neighbors to join them, or they can attend an “individuals” meeting. Once registered in a league, teams typically play about once a week for the duration of the academic quarter. League play culminates in the excitement of playoffs. Strong friendships have been forged over the years with Intramural teams’ carrying over their participation into their alumni years and rekindling friendships at our annual Student/Alumni tournaments.

Sport Clubs: Sports Clubs are similar to intercollegiate athletic teams in that they are members of regional and national associations and compete at an advanced level against other colleges and universities. However, no experience is necessary to join a sport club, and there are no “cuts.” Everyone is welcome; and most teams offer instruction, recreation, and competition at various levels from novice to varsity. Sport Clubs at UCSB include coed alpine racing, coed bowling, coed cycling, men’s/women’s equestrian polo, coed fencing, women’s field hockey, men’s roller hockey, men’s/women’s lacrosse,

men’s/women’s rowing, men’s/women’s rugby, coed sailing, coed surfing, coed triathlon, men’s/women’s ultimate frisbee, and coed water ski.

Open Recreation: Each Monday, schedules are posted in front of all facilities to indicate when “drop in” hours are available. Examples include everything offered in the Recreation Center to gymnastics in Rob Gym.

Special Events: Examples include weekend tournaments or a 5k/10k run/walk. If an individual student or student group would like to sponsor a special event, Recreational Sports offers a consultation service to allow utilization of the facilities, equipment, and expertise.

UCSB Recreational Sports programs provide your son or daughter an excellent opportunity to become involved, develop friendships, stay fit, and have fun during his/her college experience. Encourage your student to join Rec Sports!

Staying Connected

UCSB Home: <http://www.ucsb.edu> or call (805) 893-8000

Campus Connection Newsletter: Newsletter@sa.ucsb.edu

Associated Students: <http://www.as.ucsb.edu> or call (805) 893-2566

Counseling & Career Services: <http://career.ucsb.edu> or call (805) 893-4411

Division of Student Affairs: <http://www.sa.edu> or call (805) 893-3651

Educational Opportunity Program: <http://www.sa.edu/eop> or call (805) 893-3235

Financial Aid Office: <http://www.finaid.ucsb.edu/> or call (805) 893-2432

Housing & Residential Services: <http://www.housing.ucsb.edu> or call (805) 893-2760

Office of the Registrar: <http://www.registrar.ucsb.edu/> or call (805) 893-3592

Office of Student Life: <http://www.sa.ucsb.edu/osl/> or call (805) 893-4569

Orientation Programs: <http://www.sa.ucsb.edu/orientation/> or call (805) 893-3443

Student Health Service: <http://www.sa.ucsb.edu/studenthealth/> or call (805) 893-3371

UCSB Bookstore: <http://www.bookstore.ucsb.edu/> or call (805) 893-3271