First-Year Experience

Co-curricular activities provide vital opportunities to build social and professional networks, experience a sense of belonging at UCSB, engage in community service and develop leadership skills. Each year thousands of events are scheduled on campus for students. Within each residence hall, a team of professional staff and student resident assistants plan educational and social programs specifically designed for their residents. Most of these events are offered free of charge. Outside of the halls, campus departments and student organizations continually host workshops, performances, lectures, events, discussions and activities. In addition, leadership opportunities abound from student government to charge. Outside of the halls, campus departments and student organizations continually host workshops, performances, lectures, events, discussions and activities. In addition, leadership opportunities abound from student government to


SEPTEMBER 2021

WELCOME TO UCSB!

Most Gauchos report a great experience and feel that our campus community accepts them immediately. Because this is one of the biggest transitions in adult life, many students encounter a range of challenges as they meet academic demands and develop new social and personal management skills. UCSB has tons of resources for students to make their college journey a little easier, which are highlighted throughout this calendar.

UCSB students are vital to the campus; we welcome our new freshmen and transfer students and their families!

Katya Armistead Ed.D.
Assistant Vice Chancellor & Dean of Student Life

STUDENT PERSPECTIVE:

“My first year has been everything I wanted it to be and more. Somewhere I found my home in a place that was nearly 2,000 miles away from my house. The transition, while at times a bit difficult, was ultimately a smooth one due to the immense kindness from everyone around me.”

- Sophomore, Sociology

“I am still currently in my first year at UCSB. I am a transfer student and the transition was better than expected. I made a couple of friends and it definitely helped to get involved and attend events. Being away from my family is a little hard, but I definitely got used to it. The coursework is much more rigorous, but I have also learned to adapt to the fast pace of the school. So far I have had a positive experience.”

- Junior, Chicano Studies

“My first year was amazing, but it was hard! Transitioning to a life away from my parents and to a life surrounded by other students was challenging, but it allowed me to grow into the independent person I am today!”

- Junior, Physics

UNIVERSITY SUCCESS COURSES

The Dean of Students Office offers two popular courses in collaboration with the Gisbert Graduate School of Education. The classes focus on how to be successful at our research university. Education 118, for transfer students, will be offered in the fall and winter. Education 20, for freshmen, will be offered in the spring. Students should check course schedules on GOLD for details.

DISCOVERY@UCSB SEMINARS (FOR FIRST YEAR AND TRANSFER STUDENTS)

Discovery@UCSB seminars offer students a chance to dive into fascinating topics with experts UCSB faculty and learn more about how disciplines work. There are three types of seminars:

- Exploration Seminars: one faculty member, maximum 20 students
- Discovery Seminars: two faculty members from different disciplines, between 20-40 students
- Linked Seminars: Two faculty members from the same discipline, between 20-40 students

Discovery@UCSB seminars are designated for first-year or transfer students, so students have a chance to get to know others in their cohort. Discovery@UCSB seminars are offered 1 (10 hours/quarter) unit or 2 (20 hours/quarter) units and graded passed/not passed.

First-year seminars are listed as:
- 187AA-ZZ (1 unit - Exploration)
- 186AA-ZZ (1 unit - Exploration)
- INT89AA-ZZ (2 units- Discovery/Linked)
- INT94AA-ZZ (1 unit - Exploration)
- INT95AA-ZZ (2 units- Discovery/Linked)
- INT96AA-ZZ (1 unit - Exploration)
- INT97AA-ZZ (2 units- Discovery/Linked)

Visit http://www.duels.ucsb.edu/academics/seminars/ for more information. For more information, please contact Anna Guido at aguido@ltsc.ucsb.edu.
### Student Involvement

Every university hopes to provide its students with the opportunity to explore issues and become involved in a wide range of activities. While the “university” experience is traditionally associated with academics, many students find great value in the learning they experience outside of the classroom. UCSB offers a number of ways for students to grow and challenge themselves by meeting new people, learning more about the university and experiencing personal development in student government, campus clubs and organizations, undergraduate research, and diverse internship opportunities.

#### OCTOBER 2021

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### Community Affairs Board (CAB)

Community Affairs Board (CAB) connects UCSB students to the community. CAB hosts and supports events which focus on volunteering to help the environment, youth, animals, elderly, houseless and more. Care-mail is the weekly newsletter that includes volunteer opportunities, events and internships in the community. For more information, visit [www.cab.ucsb.edu](http://www.cab.ucsb.edu).

### Leadership Development (SEAL)

Student Engagement & Leadership (SEAL) offers several annual and ongoing programs built around research-based leadership development methods including workshops, classes, retreats and individual/organizational consulting. We are proud to offer The Leadership Challenge® Workshop based worldwide by Fortune 500 companies and non-profit organizations alike. Each quarter students can find out more by visiting the Student Life Resource Center (Student Resource Building, Room 1104) or our online engagement platform, Shoreline.

### Physical Activities and Intercollegiate Sports

UCSB's Physical Activities program has extensive opportunities consisting of intramural sports, club sports and outdoor recreation. Being involved in these programs provides opportunities for students to have fun, meet other students and stay fit. UCSB's athletic program also includes intercollegiate teams for both men and women. For more information, please visit [https://recreation.sa.ucsb.edu/intramural-sports](https://recreation.sa.ucsb.edu/intramural-sports).

### Outdoors Programs

Taking Gauchos on adventures since 1974, UCSB Adventure Programs in the Department of Recreation is proud to offer kayaking, climbing, canoeing, backpacking, surfing, stand-up paddle boarding, aerial skills, campfire cooking, camping trips, equipment rentals, ropes courses, Adventure Climbing Center, certifications in SCUBA and wilderness aid. New Gauchos can jumpstart their UCSB experience by joining the popular First Year Outdoor Adventure (FYOA) offered just before UCSB move-in weekend. Ask us about working at the Adventure Climbing Center, Adventure Ropes Course or joining our Leadership Training Course to become an outdoor guide! For more information about all Adventure Programs, visit [https://recreation.sa.ucsb.edu/intramural-sports](https://recreation.sa.ucsb.edu/intramural-sports).

### Student Government

The Residence Halls Association (RHA) and Hall Councils are an easy and fun way for students to get involved in their residence hall, develop leadership skills and meet new people. New students are able to run for several positions in the fall. For more information about RHA, visit [https://cab.ucsb.edu](https://cab.ucsb.edu).

### Theater & Dance

The Department of Theater and Dance provides a thriving forum for the study of dance, theater and other types of performance. In a typical year the department produces five main stage drama productions and two modern dance concerts. The productions represent the various periods and styles taught in the academic program ranging from the classics to contemporary dramas to musicals to original works. For more information, please visit [https://theatredirect.as.ucsb.edu](https://theatredirect.as.ucsb.edu).
NOVEMBER 2021

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**Staying Connected**

The first quarter of college is an exciting time for first-year students and can be filled with many new experiences and challenges. Your support can help ensure that your student learns to navigate life at the University and is set up for success. Reach out to your student with phone calls and texts to let them know you are there for them, but also give them space to grow and discover life for themselves. Stay connected to your student to understand their college experience and what support they would like from you and your family.

Winter break is an especially important time to check in with your student about their social and academic transition. In this month, we offer some conversation starters that we hope will help you talk with your student about the challenging aspects of life as a new university student.

**ASK ABOUT ACADEMICS**

The academic transition can be one of the most difficult aspects of a student’s university career. There are many issues to keep in mind—from acclimating to UCSB’s quarter system to the increased academic rigor and expectations. Academic success can take many different forms—it is not just grades that count!

Some questions to start your conversation:

- Do you like your classes?
- What has been the most challenging part of the academic transition for you?
- Is there anything you will do differently in the winter now that you have experienced fall quarter at UCSB?
- How are your time management skills?
- Have you used the resources available at CLAS (Campus Learning Assistance Services)?
- Have you visited your instructor’s office hours?
- How did it go?
- How do you feel about choosing a major?
- Have you visited an academic advisor in your college (Letters & Science, Engineering, or Creative Studies)?
- Have you spoken with the undergraduate advisor in your major department (if you have already selected a major)?
- For undeclared students: Have you used the resources available in the Career Resource Library to help you explore new interests?
- How do you feel about your winter course schedule?

**ACADEMIC RESOURCES**

- College advising through your student’s college (Letters and Science, Engineering, or Creative Studies).
- See the General Catalog for more information (https://www.ucsb.edu/catalog)
- Academic advising through each major department
- Campus Learning Assistance Services (CLAS)
- Educational Opportunity Program (EOP)

**ABOUT FERPA**

UCSB departments must comply with the Family Educational Rights and Privacy Act (FERPA) and are unable to release information about your student. It is important that your student take primary responsibility for communicating with campus offices, advisors and faculty.

**ASK ABOUT THE SOCIAL TRANSITION**

Some conversation starters are:

- How are you doing? Are you feeling overwhelmed?
- How are you getting along with your roommates?
- What do you do to relieve stress?
- How do you feel about choosing a major?
- What kind of activities other than drinking are available on- or off-campus?
- What do you do to relieve stress?
- Are you comfortable with your behavior since you started college? Do you know what the consequences are for alcohol or drug violations at UCSB and in the U.S.?

Talk to your student about your expectations. Set clear and realistic goals regarding academic performance and discuss consequences if the expectations are not met.

Talk to your student about your own experiences with alcohol, both positive and negative. Do not, however, idealize any over-indulgences from your own youth. Your student may assume you are granting approval for dangerous levels of consumption.

Encourage your students to assert their right to a safe and livable environment. Help your student stand up for a right to a safe academic and social environment and discuss ways that your student can get assistance from residence hall and other UCSB resources.

**STUDENT PERSPECTIVE**

“I FaceTime my parents and siblings weekly while I’m at school. My mom joked about me not forgetting to call her, but with text/FaceTime it hasn’t been an issue. I’ll often call them after they are done with dinner, and I’m at home doing schoolwork. That time kind of came naturally because it was when we were both free, but it was a trial and error process until we figured that out.”  
- Freshman, Philosophy

“I FaceTime with my family and visited quite often over the first summer that I was here. I like my space, so not having to see my family every waking second has been good. I appreciate that my family realizes this and knows to give me my space. We communicate at least once a week, depending on my workload, and we text about every two days.”  
- Sophomore, Economics

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**NOVEMBER 5-6 WEEKEND**

For updates and more information, visit www.ucsb.edu/pARENTS&FAMILY for more information.
**HEALTH AND WELLNESS**

UCSB Health & Wellness Program promotes the health & well-being of UCSB students. All programs support the flourishing of students as they navigate the University experience for academic success and a fulfilling life. We promote habits that strengthen well-being and contribute to a UCSB culture where students feel a sense of belonging, and seek being valued as integral to everyone’s success at UC Santa Barbara.

Key Activities:
- Interactive learning and skill development to engage students in caring for their health & well-being
- Facilitate and advocate for physical environments that promote health and reduce risk for students
- Conduct surveys on the health & well-being of students
- Paid internships for students pursuing careers in the health field

**Programs & Services**
- Sleep, stress reduction, and mindfulness
- Cooking skills and nutrition
- Healthy relationships and sexual health
- Alcohol & drug health
- Body image

Visit [studenthealth.ucsb.edu](http://studenthealth.ucsb.edu) or call (805) 893-2630 for more information.

**IMMUNIZATION REQUIREMENTS**

All incoming and re-admitted students are required to complete a tuberculosis (TB) screening and satisfy immunization requirements as mandated by the UC Office of the President. The recommended due date is before the start of your first quarter. Failure to comply with the requirements will result in a registration block for the following quarter. We strongly encourage you to start this process early, as you may be required to complete additional steps prior to arrival on campus. Exemptions are only granted for medical conditions upon receipt of documentation from a licensed medical physician, nurse practitioner, or physician assistant.

For further information and instructions for completing these requirements please visit [http://studenthealth.sa.ucsb.edu/medical-services/immunization-information](http://studenthealth.sa.ucsb.edu/medical-services/immunization-information). Students can complete tuberculosis (TB) screening, enter required immunization dates, and upload immunization records on the Student Health Services Patient Portal Gateway.

**MENINGITIS AND THE MENINGITIS VACCINE**

This disease is a particularly serious risk for college students, and we urge all students to ensure they receive the two vaccines currently available against meningitis (both ACWY and the new Men B vaccine series). Students should have received a booster shot at age 16 or later for the older series called Menactra®, Menomune® or Menomune® that cover serogroup A, C, W & Y, AND that each Men B vaccine, such as Bexsero® (2 doses), or Trumeta® (2 doses).

**WHERE TO GO WHEN STUDENTS GET SICK**

Student Health is located on the west end of campus next to Isla Vista. Many services are available including same day appointments, women’s health, psychiatry, physical therapy, dental and eye care.

Call (805) 893-5361 for information, visit our website at [http://studenthealth.sa.ucsb.edu](http://studenthealth.sa.ucsb.edu) or log into UCSB SHS Gateway to schedule a medical appointment on-line.

All registered students are able to utilize services as follows:
- Weekdays: 8 a.m.–4:30 p.m. (with late opening Wednesdays at 5 p.m.)
- Thursdays: 5 p.m.–7 p.m. by appointment only.

For emergencies, local Urgent Care Centers and the Goleta Valley Cottage Hospital are close by, and our After-Hours Nursing line is always open at (805) 965-2896.

**Student Health Services**

is a large medical facility, fully compliant with standards of the Accreditation Association for Ambulatory Health Care, employing over 140 professionals and support staff including: primary care physicians, psychiatrists, nurse practitioners, orthopedists, physical assistants, dermatologists, optometrists, dentists, dietitians, physical therapists, pharmacists, lab technicians, s-x-ray technicians and more. Students can make appointments or may be seen in Urgent Care. Students can either email or drop-in to consult with an Advice Nurse. Electronic medical records are utilized, allowing online appointments, pharmacy refills and secure communication via email. For further information, email studenthealth@sa.ucsb.edu or visit us online at [http://studenthealth.sa.ucsb.edu](http://studenthealth.sa.ucsb.edu) or call (805) 893-5361.

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### DECEMBER 2021

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Healthcare

One frequently asked parent question is, “When my student gets sick, who will take care of them?” The answer is easy — Student Health. Student Health is a large medical facility, fully compliant with standards of the Accreditation Association for Ambulatory Health Care, employing over 140 professionals and support staff including: primary care physicians, psychiatrists, nurse practitioners, orthopedists, physical assistants, dermatologists, optometrists, dentists, dietitians, physical therapists, pharmacists, lab technicians, s-x-ray technicians and more. Students can make appointments or may be seen in Urgent Care. Students can either email or drop-in to consult with an Advice Nurse. Electronic medical records are utilized, allowing online appointments, pharmacy refills and secure communication via email. For further information, email studenthealth@sa.ucsb.edu or visit us online at [http://studenthealth.sa.ucsb.edu](http://studenthealth.sa.ucsb.edu) or call (805) 893-5361.
Mental Health

Students attending college often experience mental health issues. Some students come to college with a previously diagnosed mental health condition and are under the care of a physician or psychiatrist; these students are encouraged to transfer their care to UCSB professionals at Student Health Services. Other students may develop symptoms of mental health disorders, such as depression and anxiety, for the first time while in college. Mental health issues can be challenging, but with proper medication and therapy, students can be very successful in the college environment. Consultation, diagnosis and treatment for many common mental health symptoms are available at Student Health Services by calling (805) 893-3087. Free and confidential counseling is available from licensed psychologists at Counseling & Psychological Services 24 hours a day/7 days a week by calling (805) 893-4411.

Counseling and Psychological Services (CAPS)

University life may be stressful and difficult at times. Counseling & Psychological Services (CAPS) provides an opportunity to speak with objective professionals when students need help sorting out a personal issue, feel overly stressed, anxious, depressed or need assistance with more serious mental health concerns. When these issues are interfering with a student’s academic or personal life or causing academic difficulty, psychologists can help to clarify values, establish goals and, most importantly, identify options. CAPS offers individual and group counseling to address psychological concerns. Group offerings include Mindfulness, Find Your Focus (ADHD) and Creating Emotional Balance & Healthy Relationships. Sessions with psychologists are confidential and no information is released about counseling without a student’s consent. Parents are welcome to call CAPS for general guidance or consultation.

CAPS has a comprehensive Mental Health Peer Program staffed by student peer advisors. They are trained in basic counseling and relaxation techniques and can help students learn to cope with the stresses of college life. Students can visit the egg and massage chairs, stop by to talk to a peer, or attend one of the many workshops offered.

Phone consultation is available 24/7 — even nights, weekends and holidays at (805) 893-4411. CAPS is located in Building 599 and is open Monday–Friday 8:30 a.m.–4:30 p.m. For more information, visit http://caps.sa.ucsb.edu.

Social Work Services

A variety of factors including medical, academic, financial, emotional, family and social issues can affect a student’s performance and adjustment at UCSB. Students who are experiencing difficulties in any of these areas can meet with a social worker (in person or via telehealth) for assessment, help connecting to community resources and services, ongoing support, monitoring and advocacy. For students who may need to leave UCSB, a social worker can provide assistance in locating and obtaining continuing services. The social worker’s role is to meet with students, consult with other involved people (with the student’s permission) and identify the student’s obstacles, needs, strengths and goals to develop a plan. Together the social worker and student develop a plan to access resources available to meet their needs. The ultimate goal is for students to maximize their college experience while at UCSB.

Social work services are provided at no cost to students through Student Health funding. UCSB social workers are also available to consult with parents, within the limits of confidentiality restrictions that protect medical information. This is a voluntary and confidential service — we are unable to require students to attend appointments. For serious concerns, consult with the Student Health social worker or contact Student Mental Health Coordination Services (through the Dean of Students Office). Social Work Services are available through Student Health at (805) 893-3030. Student Health information can be located at the following website: http://studenthealth.sa.ucsb.edu. Further information on responding to distressed students may also be found at http://studenthealth.sa.ucsb.edu or by calling (805) 893-3030.

STUDENT MENTAL HEALTH COORDINATION SERVICES

The coordinators of Student Mental Health Coordination Services can be reached at (805) 893-3030 or by submitting a report online at www.sa.ucsb.edu/ReferAGaucho. This office is a readily accessible single point of contact for parents, faculty, staff and students concerned about a student in distress. The coordinators will consult about a student, provide referrals to campus departments and resources, develop action plans and follow up with callers as appropriate.

Call the coordinators if you are concerned about a student in distress and:
- Do not know where to refer them for assistance
- Would like to consult about possible responses to a student’s behavior
- Notice a student’s behavior is making others feel uncomfortable
- Believe there may be safety concerns in the future
- Have called 911 because of a safety concern

The coordinators are available for consultation and appointments during business hours, Monday through Friday. In an emergency situation, you should always call 911.

JANUARY 2022

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CAPS is available to meet the needs of students to maximize their college experience while at UCSB.
Students are able to live in university residence halls that provide room and board and within walking or biking distance to classes, dining commons, and recreational facilities. Residence halls provide students with a sense of community, educational and social programs, and a network of support in the residence assistants and professional housing staff to ensure & encourage success at the University. University-owned undergraduate apartments are available for continuing and transfer students and are located in close proximity to campus.

FEBRUARY 2022

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**RESIDENTIAL DINING SERVICES**

Residential Dining Services satisfies diverse tastes and appetites through its comprehensive dining program. Our department is committed to enhancing the living and learning process of our students by providing a wide variety of fresh, healthy, high quality and appealing foods.

Our daily menu selections and offerings are made from scratch with local, fresh, natural and seasonal ingredients and reflect our sustainability practices. Dining offers diverse menu options, including vegetarian, vegan, low fat, gluten-free, cooked-to-order selections, specialty dishes, extensive salad bars, fresh bakery goods and desserts. We provide a variety of flexible meal plans to accommodate individual needs. Even if students live outside of university-owned housing, they can still enjoy delicious, nutritious meals at the dining commons with an off-campus meal plan. With every meal, we try to surpass our customers' expectations, both during the academic year and summer conference season. For more information, visit "Dining Services".

**RESIDENCE HALLS ASSOCIATION (RHA)**

The Residential Housing Association (RHA) plans events and provides services for students throughout the year in order to make residence hall life more enjoyable and enriching for students on campus. RHA officers are elected during spring quarter in order to serve the needs of incoming residents the following academic year. However, several on-campus positions are available in the fall for new students to join. The RHA officers work with Hall Councils to plan social and educational events and activities. Some of these activities include large-scale Festivals, All Hall Ball, and All Hall Brawl. Through their hard work, RHA members make the transition to college and life in the residence halls easier and more enjoyable for residents. RHA also provides two great opportunities for parents: Care Packages and Residence Hall Linens (order at: ucbp.com). These fundraisers support the mission of RHA and ease the transition into college for your student! More information can also be found at www.rha.ucsb.com.

**STUDENT PERSPECTIVES: LIVING IN A TRIPLE**

"Living in a triple was honestly super fun. Not only do you save money, you get double the friends and double the support. If you need a break from your roommates, don’t fret! The chances of all three of you being in the room at the same time during the day is slim. If you want to attend a program and don’t want to go alone, you have two other people that will be down to go with you!"

-Senior, Biological Sciences
Money Matters

For many families, the combination of financial pressures and the cost of college can cause stress. Please use the helpful resources provided on this page and turn to our many campus professionals when you have financial questions. Students can access their own financial aid information by visiting www.finaid.ucsb.edu and clicking on the “My Aid Status” link. Parents and students alike are encouraged to read the Money Matters guide, which is distributed through the Financial Aid Office and can also be accessed online at www.sa.ucsb.edu/MoneyMatters.

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**FINANCIAL AID**

Paying for college can be challenging and the Office of Financial Aid & Scholarships is here to help. We advise all eligible students to apply for aid through the Free Application for Federal Student Aid (FAFSA) or the California Dream Act Application (CADAA). March 2nd is the priority deadline, but students who apply after this date can still receive some forms of aid. We also encourage all students to use our ScholarshipUniverse platform to search and apply for scholarship opportunities. With more than 11,000 vetted scholarship opportunities, ScholarshipUniverse is a safe and easy-to-use tool that matches students with opportunities in its database. ScholarshipUniverse is a safe and easy-to-use tool that matches students with scholarships for which they are eligible.

Please encourage students to call, email, or visit our office if they have questions about their application or award letter. There are several steps to the process, and we don’t want anyone to be confused or become discouraged. The financial aid student portal, My Aid Status, hosts important information and lists tasks that students need to complete before receiving aid.

Please also reach out if your financial circumstances are complicated or have changed since filing your application. You might need an appeal or loans, and we can help with both. In addition, our office leads the Financial Crisis Response Team, a campus-wide group that is dedicated to making sure that students experiencing acute financial hardships are receiving the campus support resources they need. Students can email financialservices@ucsb.edu to get connected.

**ACCESS ID/DEBIT CARD**

The ACCESS Card is the UCSB student ID. Students can use their cards as debit cards by making a deposit. The card is accepted at the Campus Store, UCen Post Office, Student Health and all campus dining/food facilities as well as select off-campus vendors. The ACCESS card has a one-time processing fee of $30 (cash, check and BARC only). Visit the ACCESS Photo Center at the UCen. For more information, visit or email access@ucsb.edu.
Student Well-Being

UCSB is deeply concerned about student and community safety. Your student will receive educational information about excessive and risky drinking as well as the use of controlled and recreational substances throughout the academic year. This is a job the university cannot perform alone, we need the involvement and the support of parents. Although your student is not likely to bring up the topic, they will listen if you talk. You may not even get a response, but research shows that students pay attention when their parents talk with them about alcohol and drugs. Even if you believe your student does not drink or does not drink to excess, it is important that you have a conversation about alcohol and drugs. For more information on any of the following resources, please visit [https://adp.sa.ucsb.edu](https://adp.sa.ucsb.edu) or call the Alcohol and Drug Program at (805) 893-5013.

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**Easter Sunday**

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**Myth:** All students at UCSB consume regularly alcohol and use recreational substances.

**Fact:** The 2019 National College Health Assessment data demonstrates that, within the past 30 days, over 26% report no alcohol use, over 57% of UCSB students report no marijuana use and over 83% of UCSB students report no other recreational drug use. If there are concerns, students can make a free, confidential appointment with a licensed counselor at the Alcohol and Drug Program by calling (805) 893-5013 or scheduling online at [https://adp.sa.ucsb.edu](https://adp.sa.ucsb.edu/).

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**SUBSTANCE-FREE PROGRAMMING**

Providing a safe and fun social environment is a university-wide effort that brings together academic departments, student affairs resources and student organizations. The goal of campus partners is to create, support and promote non-alcohol centered activities, events and venues. Residence Hall staff, the Office of Student Life and student-led organizations such as Life of the Party provide hundreds of free events throughout the year, starting in September with the Week of Welcome. Students looking for substance-free environments to socialize should talk with their Resident Assistant or staff at the Office of Student Life, get involved with the Residence Halls Association and frequent the campus events calendar at [https://events.ucsb.edu](https://events.ucsb.edu).
Research: An Opportunity No Student Should Miss!

As a world class research institution, UC Santa Barbara embraces research as the cornerstone of a well-rounded education. Students and parents are encouraged to think about how research as an undergraduate will help prepare a student for the very best jobs, graduate schools and more. Now is the time for students to explore their interests, pursue new knowledge, create original work and put what they learn into practice outside the classroom. Visit the undergraduate research website at https://undergrad.research.ucsb.edu for a variety of helpful tips, contacts, student research stories and much more.

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All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

Herbert Kroemer, 2000 Nobel Laureate in physics, says, "Careers today require continual lifelong learning. Few experiences better prepare students for this process than active participation in research early in their education. The only 'prerequisites' are curiosity, the willingness to learn something not contained in the standard curriculum, and desire to work on questions to which the answers are not yet known. In fact, the satisfaction of having contributed to the solving of previously unanswered questions is often the most exciting part of the work."
Isla Vista Community

The vibrant community of Isla Vista, commonly known as “IV,” is one-half square mile in area, located adjacent to UCSB’s main campus. Despite its proximity, Isla Vista is not a part of the UCSB campus. Isla Vista is an unincorporated area of Santa Barbara County represented by an elected county supervisor and a newly formed Community Services District. In addition to the non-student population that resides in IV, approximately 40% of IV’s 23,000 residents are UCSB students and several thousand are Santa Barbara County represented by an elected county supervisor and a newly formed Community Services District.

The Isla Vista Food Co-op, a one family-owned grocery store, a public elementary school, and is served by several places of worship. The Isla Vista Food Co-op, a cooperatively owned natural foods store founded by the community in 1972, is open to the public and provides education and outreach programs, employment opportunities and a community donations program.

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For more information, please visit www.ucsb.edu.
The Transfer Experience

THE TRANSFER EXPERIENCE AT UCSB

Transfer students are valued first-year students on our campus. Their transition to a public research university can present unique challenges. Gaucho transfers may struggle until they become accustomed to the new pace, especially if adjusting from the semester to the quarter system.

The Office of the Dean of Students offers a popular course entitled “Introduction to the Research University: Transfer Student Success” (ED 118). In this course, transfer students explore many issues of higher education, including the relationship between research and teaching, the relationship between a theory-based education and future career planning options, the graduate school application and admission process, the diverse campus community and issues that personally affect students during their education. The course offers many opportunities for transfer students to meet fellow transfer students and form social and academic networks.

New transfer students can enroll in ED 118 through GOLD. For more information about this course or any first-year issue, contact Emma Parker at jimmaparker@ucsb.edu.

TRANSFER STUDENT CENTER IN THE UCSB LIBRARY

The Transfer Student Center is a space for UCSB’s transfer students to connect with each other, to campus resources, and with pathways to academic and career success. The Center is home to academic advisors, peer mentors and departmental partners who are able to help transfer students transition successfully to the four-year research university setting by providing specialized programming and opportunities that add value to their undergraduate education. Visit www.transfercenter.ucsb.edu for more information.

Your Student’s Health

DEAR PARENTS AND FAMILY MEMBERS,

As your Deans for Student Wellness at UC Santa Barbara, our primary focus is supporting the well-being of UCSB students which is essential to their success. We encourage you to work with your personal needs, to seek out healthy social relationships, and turn to support resources when they need additional help. We are writing to you today to share some resources and to encourage you to also take steps to help your student attend to their well-being as they transition to college life.

As your student transitions to college life, they will be faced with many wonderful opportunities. Alongside these opportunities, it is common for students to experience some stress as they adjust to a new academic and living environment. In addition, some students may be coming to college having experienced mental health challenges in the past or in a public research university setting. Whatever your student’s unique needs are, we want you to know of the support on and around campus. We also want you to know that with support, most students are able to navigate the challenges such that they have a positive college experience and achieve their academic goals.

One very helpful resource to help students connect with wellbeing services on campus is the well-being ucsb.edu website. On this site you can find key resources for physical health, mental health, support for students experiencing challenges meeting their basic needs (e.g., food or housing insecurity, emergency financial challenges), wellness services and recreation programs. In addition, should a situation arise with your student where an urgent response to mental health, physical health, or basic needs emerges, this site provides quick reference contacts so you or your student can request help.

We hope that you find the resources in this letter helpful as you and your student begin to explore what they may need or want upon arrival on campus.

One final note about your student’s health, if your student has a history of mental or physical health issues, the best strategy for ensuring success at UCSB is to develop a plan for their care prior to arrival on campus. There are a number of important considerations to keep in mind and I recommend using the following as a guide to help ensure your student’s success at UCSB:

- Schedule appointments to establish care on campus or in the greater Santa Barbara community prior to the start of classes.
- Contact Social Work Services at (805) 893-3087 to create a strategy for a successful transition to school.
- Discuss the role of medication with your student and their health providers and create a plan for maintaining a medication regimen and for refilling prescriptions.
- Visit the websites of Counseling & Psychological Services (CAPS), Student Health Service, Student Mental Health Coordination Services, and Health & Wellness to review key wellness-related services on campus (see column at right).

I wish you and your student a successful year ahead.

Warmly,

Angela Andrade, PhD
Dean of Student Wellness
Sharleen O’Brien, PsyD
Associate Dean,
Director of Health & Wellness
Armando Flores, MSW
Assistant Dean,
Director of Student Mental Health Coordination Services

AND HOW FAMILY AND SUPPORTERS CAN HELP

- Listen, be supportive, and remind the student that they will get a great education at UCSB (even if the transition is a bit frustrating).
- Encourage student to seek help from an academic advisor at UCSB and to visit the Transfer Student Center.
- Encourage student to send all transcripts ASAP (and IEEC certification, if applicable) to the Admissions Office.
- Encourage student to work on other requirements while waiting to find out about transfer work (transfer work, major, GE or 60 upper-division units).
- Be happy with New Student Profile. Encourage student to petition (include syllabus, catalog description, sample papers, etc.)
- Encourage meeting with the advisor at least once each quarter.
- Remind students of Campus Learning Assistance Services (CLAS) and to talk to student/family about the outlook for upper-level work.

IDENTIFYING STUDENTS IN DISTRESS

The following are signs that a student could be in distress and should see a mental health professional:

- Behavioral or emotional change, someone who does not seem like themselves
- Excessive crying, withdrawing from other people
- Loss of interest in hobbies and activities that were previously considered pleasurable
- Change in sleeping patterns
- Change in hygienic or appearance, not taking care of oneself
- Decline in academic performance
- Feelings of worthlessness or hopelessness
- Excessive or inappropriate anger
- Bizarre thoughts or behavior (e.g., out of touch with reality)
- Wanting to harm self or others
- Overwhelming sense of apathy, indifference to life
- Trouble concentrating
- Trouble following through with plans
- Very low energy, feeling worthless and/or hopeless

IMPORTANT CONTACT INFORMATION

- Counseling & Psychological Services (CAPS)
- Student Health Service
- Health & Wellness Programs
- Social Work Services
- Student Mental Health Coordination Services
- Office of the Dean of Students
- Social Work Services
- Student Mental Health Coordination Services
- UC Police Department
- UC Police Department

JULIAN’S EXPERIENCE

Transferring into UCSB I knew that I would face the challenge of making the most of my college experience with a smaller time frame. When I was looking at different colleges to transfer to, UCSB was not my top 5. That was until I visited campus and got a stronger feeling that I belonged here. Once I got here I had to quickly adapt to the transition of living away from home, living with new people and the new academic rigor. I also did not know a single person when I got here, so everything was new and presented me with a world to explore. I recognized that I could not make the transition alone, so I took advantage of the Transfer Student Center. I asked my advisor for help about anything and everything. I practically lived in the center with the amount of times I went there. Coupled with ED 118, which is a class specifically for transfers students, who are able to quickly acclimate to UCSB. With my final quarter drawing to an end and graduation coming closer, I can say I was able to make the most of my time here at UCSB. As transfer student, we are given a finite amount of time to succeed here, but we have resources and opportunities available for us. We only need to seek them out. These past two years have given me some of the most memorable experiences of my life, and it makes me proud to have accomplished so much in such little time. Your college experience is what you make of it. — Senior, Political Science
ACADEMIC ADVISING
Each of the three colleges has slightly different policies on academic advising consistent with the needs of its students. In the College of Letters and Science and the College of Engineering, students are responsible for seeking assistance if they are unsure of how to satisfy requirements. College of Creative Studies students are required to meet with their faculty advisor at least once per quarter regarding their course of study. Students can also consult professional staff advisors and faculty in their major and minor academic departments. In many departments, peer advisors (well-trained students) supplement the services of the professional staff. In a few departments, students are assigned personal faculty advisors. Regardless of how advising is structured, students must take the initiative to obtain assistance. It is the student’s responsibility to comply with the regulations and requirements published in the General Catalog [https://engineering.ucsb.edu/undergraduate/advising/gear-publications].

Help is available to students who seek it, and each college maintains a website to help students understand the requirements and options. These sites are:

- Letters and Science: www.duels.ucsb.edu
- Engineering: www.engineering.ucsb.edu/undergraduate
- Creative Studies: www.ccs.ucsb.edu/handbook

Education Abroad Program (EAP)

2411 South Hall

EAP is an outstanding UC-sponsored academic study abroad program with campus program options in 40+ countries. With planning, EAP students can fulfill major, minor and/or GE requirements, receive UC units and still graduate on time. Students can supplement their studies abroad by obtaining an internship, research or volunteer opportunity. Financial aid applies and scholarships are available. More than 5,000 UC students go abroad with UCEAP each year, including approximately 1,000 from UCSB. Take advantage of this once in a lifetime opportunity! [https://eap.ucsb.edu]

Summer Sessions
2014 Student Affairs Administrative Services Building

Each year, June through mid-September, Summer Sessions enrolls over 10,000 students into hundreds of courses across all academic disciplines. With online courses and seven sessions to choose from, students have the opportunity to make progress toward their degrees, access courses that may be impacted during other quarters, and explore a wide variety of electives. Visit our website at [http://www.summer.ucsb.edu] for more details on courses, special programs, and summer financial aid.

Scholarship Competitions

The Scholarship Coordinator in the College of Letters and Science Division of Undergraduate Education facilitates the application process for UCSB undergraduate students from any college who are pursing state, national and institutional scholarships that require campus nomination or endorsement. Scholarship application deadlines vary each year, but most occur in mid-summer and late fall.

Academic Support Services

HONORS PROGRAMS

Through the College Honors Programs in the College of Letters and Science and the College of Engineering, students can intensify their educational experience, pursue individual excellence and participate in a small community atmosphere within the larger university setting throughout their years of undergraduate study. College Honors Program participants benefit from increased contact with both faculty and peers in small discussion sections and research opportunities. In addition to the College Honors Programs, the “distinction in the major” programs in many academic departments provide opportunities for research and independent study in the major field.

For more information:

- Letters and Science Honors Program: honorgrad@ltsc.ucsb.edu
- Engineering Honors Program: honorsmail@ece.ucsb.edu

Undergraduate Research Initiatives (URCA and FRAP)

The UC Office of Undergraduate Education offers a variety of programs to support undergraduate research and creative activities. The Faculty Research Assistance Program (FRAP) allows undergraduates to gain valuable research experience, work with leading UC researchers and simultaneously earn academic credit. The FRAP Directory contains information about current research projects and the faculty members conducting the research. Undergraduate Research and Creative Activities (URCA) grants provide funding for student-initiated projects. Students involved in research may apply for a grant in the fall of each year. Students are also encouraged to present their research at the Undergraduate Research Colloquium and Slam, held annually in May [https://engineering.ucsb.edu].

UC Center Sacramento (UCCS)

UCCS provides a unique experiential learning opportunity for UCSB students. Participating students not only engage in stimulating internships and coursework but also have the opportunity to observe public policy processes firsthand in our state’s capital. Admission to UCSC is open to upperclassmen and advanced sophomores from all majors.

For more information on specific opportunities, see the General Engineering Scholarships Catalog [https://engineering.ucsb.edu/undergraduate/advising/gear-publications/awards/].

UCSC Graduation & Retention Rates

- 92% of freshmen and 91% of transfer students are retained after the first year. The national retention rate after freshman year is 81%.
- The median time to complete an undergraduate degree at UCSC is four years for entering freshmen. 69% of freshmen graduate within four years and 81% graduate within five years.
- 60% of transfer students complete their degree at UCSC within the first two years. 85% graduate within three years.
- Comparatively, the national six-year graduation rate among full-time students at four-year colleges is 60%. This information is based on the most recent year’s available data. Each year is based upon a different cohort; therefore, percentages may fluctuate. For more national education information, please visit [https://nces.ed.gov]. The most recent UCSC Campus Profile can be found at [http://epap.ucsb.edu/Institutional-research/campus-profiles/campus-profiles-2018-19.pdf].

Academic Support Services

WASHINGTON CENTER PROGRAM (UCDC)

The UC Washington Program (UCDC) provides an amazing opportunity in experiential learning. The program combines courses, internships and a wide variety of cultural experiences, offering students a chance to gain valuable work and networking opportunities. Offered every quarter, the UCDC Program is open to upperclassmen from all majors.

For more information, please visit the UCSC website [https://engineering.ucsb.edu/undergraduate/advising/gear-publications/awards/].

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ARTS & LECTURES
(805) 893-3535
Box Office located in the Campbell Hall lobby

Arts & Lectures is the largest and most influential arts and lectures presenter between Los Angeles and San Francisco. The program enriches your student’s education by presenting more than 100 events each year, including critically-acclaimed concerts, theater and dance performances by world-renowned artists, talk by authors, journalists and world leaders and select film screenings both on campus at Campbell Hall and in Santa Barbara community venues. With a mission to “educate, entertain and inspire,” A&L’s education outreach program brings visiting artists and speakers into classrooms and the community for master classes, open rehearsals and discussions that enrich and enliven the academic experience.

DEAN OF STUDENTS OFFICE
(805) 893-4568
Student Resource Building, in the Office of Student Life

The Dean of Students Office collaborates with various departments to coordinate and promote student well-being efforts. The office focuses on the health and safety of the campus community and fosters positive interaction among UCSB students, the university and the local area. The Dean of Students Office also offers assistance to parents and students in medical or other emergency situations. This includes making referrals to campus resources and providing assistance with administrative processes. For this type of emergency support, contact the Student-Parent Liaison at studentparentliaison@ucsb.edu or (805) 893-4521. For other questions related to the Dean of Students services, please call (805) 893-4568.

EDUCATIONAL OPPORTUNITY PROGRAM (EOP)
(805) 893-4758
Student Resource Building, Room 2210

The Educational Opportunity Program (EOP) at UC Santa Barbara is committed to providing student support services focused towards income-eligible, first-generation college students. EOP provides students with academic, financial, personal and career advising through a holistic counseling approach as well as social and cultural programming through the Cultural Resource Centers located in the Student Resource Building.

http://eop.sa.ucsb.edu

LIBRARY
(805) 893-4246
6550 Pardall Road, Isla Vista

The Associated Students' Legal Resource Center provides free legal information and education to all UCSB undergraduate and graduate students. Services include assistance with arrests, citations, tickets, leases, landlord issues, roommate problems, harassment, email claims, credit problems, accidents, consumer problems, employment, family law and other non-university-related student issues. The office is staffed by attorneys and appointments are available Monday through Friday from 11 a.m.–4 p.m.

https://legal.as.ucsb.edu

LGBTQ STUDENT SERVICES
(805) 893-5947
Student Resource Building, Third Floor

The Resource Center for Sexual & Gender Diversity (RCSGD) offers a safe and supportive environment for lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, and nonbinary students and their allies. We welcome everyone to utilize our lounge and computer lab, talk with student and professional staff for resources and advocacy, and get involved with student organizations and weekly events. Volunteer opportunities and the mentorship program are available to get students connected to opportunities both on-campus and in the community. We encourage all people to get involved as we make UCSB a more welcoming and inclusive environment for people of all genders and sexualities.

rcsgd.sa.ucsb.edu

MC
(805) 893-4411
Located in the University Center, near Convow Pavilion

The MultiCultural Center (MCC) plays a critical role at UCSB in a number of ways impacting the intellectual and social growth of many students. It provides dynamic educational programs that enhance learning about different communities while cultivating deeper understanding. While engaged in proactive educational activities aimed at breaking down stereotypes, explaining the historical context of inequity and increasing knowledge of the marginalized, the MCC also provides a powerful psychological and physical “safe space” for students with diverse backgrounds. The MCC presents an average of 20-25 programs each quarter ranging from lectures and panel discussions to music and dance performances. We also have over 50 student User Groups that are affiliated with the MCC, and we maintain a mutually supportive relationship as we work toward a shared mission to uplift our different identities and communities.

http://mcc.ucsb.edu

OFFICE OF THE OMBUDS
(805) 893-3363
1205K Girvetz Hall

The Office of the Ombuds offers assistance to the UCSB community with the informal consideration of any university-related matter. We serve students, staff, faculty and parents. We are an impartial department independent from all other university units. Our visitors can speak freely with us because we are not part of any formal university process and always maintain confidentiality. We are ready to discuss interpersonal conflict, academic concerns, bureaucratic entanglements, and wide-ranging matters. While we do not engage in advocacy, we help our visitors map out options and understand complex processes so they can keep moving forward. We also love to provide healthy communication training to the campus community.

https://ombuds.ucsb.edu

DISABILITY STUDENTS PROGRAM (DSP)
(805) 893-2668
Student Resource Building, Second Floor

DSP supports students with permanent and temporary conditions that rise to the level of a disability. Students submit current information that documents the impact of their condition and then participate in an interactive process with their disability specialist to determine reasonable accommodations. Accommodations include note takers, exam accommodations, use of adaptive technology and advocacy advising.

http://sa.ucsb.edu

CAREER SERVICES
(805) 893-4412
Building 599 (painted pink), located near Storke Tower

Many students and parents are surprised to learn that most UCSB majors do not lead to specific careers, so the staff at Career Services invites students to visit us early during their first year for help in clarifying what they want in a future career and how to get there. Our counselors and resources assist students to understand their unique qualities and how they may contribute to various types of work. Career Services also helps students to connect with employers for internships and jobs in order to gain professional experience to increase their employability upon graduation.

http://career.ucsb.edu

COORDINATED SERVICES PROGRAM (CSP)
(805) 893-4246
6550 Pardall Road, Isla Vista

CSP is a critical component of the multi-disciplinary approach to providing students with permanent and temporary disabilities. CSP helps students with permanent and temporary disabilities to access and participate in the academic experience. For this type of emergency support, contact the Student-Parent Liaison at (805) 893-4521. For other questions related to the Coordinator of Services, please call (805) 893-4568.

www.coordinator.ucsb.edu

LEARNING DISABILITIES PROGRAM (LDP)
(805) 893-3535
Box Office located in the Campbell Hall lobby

The Learning Disabilities Program (LDP) provides accommodations to students with disabilities for access to education and campus resources. We determine if a student qualifies for an accommodation with the appropriate documentation. This level of support is usually provided for a minimum of three years. LDP also provides students with a statement for each academic term to be used when applying for financial aid. For more information, contact (805) 893-6550.

www.library.ucsb.edu

MULTICULTURAL CENTER (MCC)
(805) 893-4411
Located in the University Center, near Convow Pavilion

The MultiCultural Center (MCC) plays a critical role at UCSB in a number of ways impacting the intellectual and social growth of many students. It provides dynamic educational programs that enhance learning about different communities while cultivating deeper understanding. While engaged in proactive educational activities aimed at breaking down stereotypes, explaining the historical context of inequity and increasing knowledge of the marginalized, the MCC also provides a powerful psychological and physical “safe space” for students with diverse backgrounds. The MCC presents an average of 20-25 programs each quarter ranging from lectures and panel discussions to music and dance performances. We also have over 50 student User Groups that are affiliated with the MCC, and we maintain a mutually supportive relationship as we work toward a shared mission to uplift our different identities and communities.

http://mcc.ucsb.edu

RESEARCH CONSORTIUMS
(805) 893-2668
Student Resource Building, Second Floor

Research Consortia is an informal network of students and faculty. The purpose of the Consortia is to promote and facilitate research and creative endeavors of all types among students and faculty. Members of the Consortia present their work at UCSB as well as regionally and nationally. The Consortia offers an informal setting for students to meet and interact with faculty from a variety of disciplines.

http://research.ucsb.edu

STUDENT SUPPORT SERVICES
(805) 893-4568
Student Resource Building, Third Floor

The Student Support Services offers assistance to the UCSB community with the informal consideration of any university-related matter. We serve students, staff, faculty and parents. We are an impartial department independent from all other university units. Our visitors can speak freely with us because we are not part of any formal university process and always maintain confidentiality. We are ready to discuss interpersonal conflict, academic concerns, bureaucratic entanglements, and wide-ranging matters. While we do not engage in advocacy, we help our visitors map out options and understand complex processes so they can keep moving forward. We also love to provide healthy communication training to the campus community.

https://ombuds.ucsb.edu

This is only a partial list of resources available at UCSB. For more, visit www.ucsb.edu and be sure to read each month of this calendar.
Local Law Enforcement

LOLAWNS AND COUNTY ORDINANCES
UCSB Campus Police and the Isla Vista Foot Patrol strictly enforce the law on campus and in Isla Vista. Students may be cited or arrested if they are found to be breaking the law or unable to care for their own safety or the safety of others. UCSB students should be familiar with local and state laws and county ordinances. A list of these laws and ordinances as well as penalties and fines can be found on the Isla Vista Foot Patrol website at www.shf.police.ucsb.edu.

The following is a partial list of illegal activities that carry stiff fines and/or suspension of a driver’s license, some violations will result in arrest:

- Minor in possession of alcohol or furnishing alcohol to a minor
- Driving/biking under the influence
- Possession of false identification
- Display of an open container of alcohol
- Possession of alcohol in Isla Vista parks or beaches
- Public intoxication
- Possession of marijuana
- Possession of drug paraphernalia
- Possession of false identification
- Unlawful in public
- Disturbing the peace
- Social Host Liability (a civil hold that individuals responsible for hosting or knowingly providing a place for underage drinking to occur)

ISLA VISTA FOOT PATROL
The Isla Vista Foot Patrol was established in 1970 as one of the first community police stations in California and has operated successfully under that concept ever since. The goal is to create a partnership with the residents of Isla Vista and the UCSB campus. Special emphasis is put on helping keep Isla Vista safe. The Isla Vista Foot Patrol, located at 6040 Trigo Road, is staffed by deputies from the Santa Barbara Sheriff’s Office and officers from the UCSB Police Department. The Santa Barbara County Sheriff’s Office has primary jurisdiction in Isla Vista. Currently, Sheriff’s Lieutenant Juan Camarena oversees the station and the deputies and officers work cooperatively to make a positive difference in the Isla Vista community.

In Isla Vista, some common violations of law include the following: fighting in public or other acts of violence, burglary, keep your doors locked, drug possession, harassment, open alcohol containers in public, DUI / BUI (driving under the influence) and violating the noise ordinance (in effect after 10 p.m. on Sunday through Thursday and after midnight on Friday and Saturday nights).

Regular services of the Isla Vista Foot Patrol include answering calls related to crime (including burglary, robbery, sexual assault and other violent crimes), complaints, injuries, fires and rescue and disposal of lost and unattended animals. The officers on duty are trained to help keep Isla Vista safe. If you have a concern or feel threatened in Isla Vista, call 911.

For more information, visit www.shf.police.ucsb.edu.

Sexual assault, dating and domestic violence, and stalking:

Sexual assault, stalking and dating/domestic violence are never justified or accepted by anyone. If you are ever the victim of such incidents to all students and employees. The University issues two types of campus alerts: Emergency Planning and UCSB Alert.

EMERGENCY PLANNING
UCSB takes a proactive approach to emergency preparedness, and we urge students and parents to learn about procedures and plans. UCSB's emergency planning website (https://police.ucsb.edu/emergency/prep) provides resources to assist you in preparing for emergency situations. In the event of a serious incident, UCSB will use emergency communication tools to alert the students and employees of the UC Santa Barbara community. University News is the primary means for disseminating emergency information. Some or all of the following methods of communication may be activated in the event of an immediate threat to the UCSB campus community:

- UCSB Alert sends health and safety alerts for certain incidents to all students and employees. Every student is automatically registered with their UCSB !dentID.ucsb.edu email address, and the cell phone number they provide when they first log into GOLD. Accounts for parents are not created, but parents can add the student’s phone numbers and emails to their account by logging into the UCSB Alert System: alert.ucsb.edu.
- The university posts updates during a critical incident on the UC Santa Barbara homepage (www.ucsb.edu). Recorded informational updates may be provided on UCSB's Emergency Information Line at (805) 893-3446.
- Text message alerts may be provided on the campus radio station, KCBS 91.9 FM.
- UCSB students should familiarize themselves with other emergency resources. The university posts updates during a critical incident on the UC Santa Barbara homepage (www.ucsb.edu). Recorded informational updates may be provided on UCSB's Emergency Information Line at (805) 893-3446.
- UCSB PD is on duty 24 hours a day, 365 days a year. UCSB PD has a full service police organization that is open 24-hours a day, 7 days a week, 365 days a year. While UCSB PD is the primary law enforcement agency for campus and campus property, UCSB Police Officers, Santa Barbara Sheriff’s Deputies, and California Highway Patrol Officers work collaboratively to serve the Isla Vista community.

POLICE DEPARTMENT
The UCSB Police Department (UCSB PD) is a full service police organization that is open 24-hours a day, 7 days a week, 365 days a year. While UCSB PD is the primary law enforcement agency for campus and campus property, UCSB Police Officers, Santa Barbara Sheriff’s Deputies, and California Highway Patrol Officers work collaboratively to serve the Isla Vista community.

UCSB PD headquarters (Public Safety Bldg.) 547 are located on the northeast side of campus, at the intersection of Stadum and Mesa Roads, next to the County Fire Station #17. Additionally, several satellite offices located throughout the UCSB campus provide outreach services to the campus community. These services include safety escorts, bicycle registration, community outreach, bicycle/skateboard safety class, and the campus lost & found.

The UCSB Police Department values transparency in policing and we encourage you to contact their community outreach team. (communityoutreach@police.ucsb.edu) if you have any questions related to the services provided by our community. Educational programs include discussions about affirmative consent to sexual activity, bystander intervention in potential violent situations, how to support a survivor and the importance of creating a campus culture that has zero tolerance for violence. CARE is also a confidential advocacy service provider to students impacted by interpersonal violence, providing affirming and empowering support for survivors while exploring all options.

Advocacy programs include crisis intervention, assistance with legal and medical questions and academic accommodations, as well as referrals to counseling and resources both on campus and in the community. CARE is located on the first floor of the Student Resource Building, as well as in the Gauchos Support Center located in Isla Vista. During regular business hours, CARE is fully operational via Zoom and phone appointment.

Advocacy services are available 24 hours a day, 7 days a week by calling the direct advocacy line at (805) 893-4613. For more information on CARE programs and services, visit http://care.ucsb.edu.
ACADEMIC MISCONDUCT
Each student shares the responsibilities of community standards, and assumes all responsibilities within the UCSB Student Conduct Code upon admission.

The UCSB Student Conduct Code exists to support the highest standards of social and academic behavior and ensure an effective and professional student life. It is expected that students attending the University of California, Santa Barbara understand and subscribe to the ideal of academic and professional responsibility. Any submission to the student’s academic work must represent the student’s own work. Any act of academic dishonesty will subject a person to University disciplinary action.

For more information refer to the General Catalog (http://www.sa.ucsb.edu/rg/alpha) or to the Student Conduct website (http://studentconduct.ucsb.edu/).
POINTS OF PRIDE

- UC Santa Barbara ranks among higher-education leaders in the United States and Canada as one of only 62 research-intensive institutions elected to membership in the prestigious Association of American Universities.
- UCSB ranks number 5 among all public universities in U.S. News and World Report’s 2022 “Top Public Schools” listing, the most widely read college guide in the country.
- UCSB’s renowned faculty includes six winners of Nobel Prizes for landmark research in chemistry, physics and economics. An alumna of the College of Creative Studies was named 2009 Nobel Laureate in Physiology or Medicine.
- UCSB faculty members are elected members of the prestigious academic organizations, including the American Association for the Advancement of Science, with 90 current or former faculty; Guggenheim Fellows, more than 60; the American Academy of Arts and Sciences, 34; and National Academy of Engineering, 29.
- The Campaign for UC Santa Barbara has thus far raised more than $1.12 billion to ensure the excellence of the campus and its programs for future generations.
- UCSB has been ranked as the No. 1 Green School among public universities by Princeton Review. Bren Hall, which houses the Bren School of Environmental Science & Management, and the Tipton Meeting House at the Sedgwick Natural Reserve, are among the “greenest” buildings in the nation. UCSB has the largest portfolio of LEED-certified buildings in the University of California system.
- The university is the editorial headquarters for The Writings of Henry D. Thoreau, a National Endowment for the Humanities (NEH) project that is publishing definitive scholarly editions of the complete works of naturalist and literary artist Henry David Thoreau.
- The Koegel Autism Center at UCSB’s Gevirtz Graduate School of Education has been recognized by the National Research Council as one of the top 10 state-of-the-art treatment centers for Autism in the United States.
- For more points of pride, please visit www.ucsb.edu/pop.

FINAL THOUGHTS

The parents of the Summer Orientation Staff offer some words of wisdom and things they wish they had known as their students started college.

As a parent, I wish I’d known …

... that my student should not visit home within the first couple weeks of moving in, because it is an important time to start making friends and getting involved, which helps with homesickness.
... that my student thinks of us more than she calls us.
... that my parenting really did prepare my student for an independent college life.
... that there is always someone available to help my student in all aspects of her life. The professors are very helpful and CLAS is also a good resource.
... to plan a trip to UCSB about a month before the summer vacation begins to bring things home — it makes the final move out so much easier.
... that we could put money on our student’s ACCESS card.
... that my student would succeed in college. Even though I worried so much about him, he did just fine.
... to make hotel reservations well in advance for Parents & Family Weekend and graduation.
... that CSOs (Community Service Organization officers) would be available to escort my student anywhere on campus or in Isla Vista.
... that being supportive sometimes means keeping your opinion to yourself.
... that my student does not need to enter with a major, it is okay if he or she is undeclared.
... that, for all the advice and experience I can offer, there are some lessons my student will just have to learn on their own.
... that grades are not the most important indication of success; what my student actually learns both in and outside of the classroom is much more important.

Stay connected! Visit the Gaucho Parents website for even more information:
www.sa.ucsb.edu/parents