Welcome to UC Santa Barbara! We are very pleased that you are here to get to know more about what life will be like for your daughters and sons as they begin this new chapter of their life as part of our UC Santa Barbara family.

I myself have experienced the same concerns you may be having about separating from your children – and the same anxiety over their transition to independence away from home. I understand your desire to learn about and advise on how we support our students as they pursue their educational and career goals and instigate the personal values you have taught them.

Counseling students to make good decisions, both academically and personally, is a vital part of our educational mission as well as our classroom teaching. For me and my wife, Dilling, this campus is also our home, to being available to nurture and encourage our students has become a fulfilling part of our lives. UC Santa Barbara offers many programs and services designed to enable students to meet their needs, as well as the needs of others, and to provide access for the values and attitudes of community members from diverse backgrounds. We strive to create an environment where students are not only excited about developing their own potential, but also motivated to contribute to the personal development of their peers.

Education, of course, is not limited to the college years – it is a lifelong endeavor. We aim to give our students such a solid education that they will be motivated and equipped to keep learning by themselves long after they have left UC Santa Barbara. We also strive to constantly enhance the stature and reputation of our university so that the value of each student’s diploma will continue to grow.

The investment you are making today will pay important dividends for the rest of their lives. It is the most rewarding and most timely investment you can make for the future of your family and our society.

We hope you enjoy your time on campus, and we invite you to return again and again. As proud parents of our treasured students, you will always be welcome.

Sincerely,

Henry T. Yang
Chancellor
University of California
SANTA BARBARA
Packing, Prepping, and Parting

Transitioning to UCSB is an important time not only for students, but for families as well. New students will experience challenges as they acclimate to increased academic expectations, seek out new friends, and begin their next chapter on campus. Communication with your student is a critical step in getting ready for fall. We hope that the following notes on the transition to the University will assist both you and your student prepare for what is to come in the fall and thereafter.

AUGUST 2023

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PACKING AND PREPPING FOR MOVE-IN DAY
- Roommate information, room assignment, and instructions for move-in day will be sent to each student’s university email in early September. Move-in is typically staggered over two weekend days to ease campus traffic congestion.
- Residence halls have both wired and wireless network Internet access. Students using wired access must provide their own computer, network card, and Ethernet cable. Students using wireless access should ensure that the wireless network card is updated with the latest manufacturer drivers. Printers are available in residence halls and campus computer labs.
- There are card-operated washers/dryers in each residence hall.
- Residential parking permits are available for purchase. Students should wait for their building assignment before purchasing a parking permit.
- Taking the bus, biking, walking, and skateboarding are common forms of student transportation. Students do not need a car. Santa Barbara Airport, a train station and bus stations are nearby. Full-service grocery stores are a short distance from campus. Two small markets and a food cooperative are located in Isla Vista. Convenience stores are located on campus.

PREPPING FOR THE TRANSITION
- Create a checklist to prepare for move-in day and other tasks you would like to accomplish with your student over the summer.
- Spend some quality time with your student this summer.
- Don’t forget to include siblings! This is a transition for them, too.
- Talk with family and friends who have had a student move away for college.

LOOSENING THE REINS
- Families are an important part of each student’s support network.
- There is no need to completely let go, but there is some need to give more freedom and responsibility.
- It’s helpful to agree on how and how often you will communicate with your student.
- Set boundaries on how you will help them.

WHAT TO EXPECT ON MOVE-IN DAY
- Campus will be busy!
- Move-in day can be stressful and emotions tend to run high.
- Be prepared to meet your student’s roommate(s) and family.
- Bring snacks, water and patience.
- Make a plan for the day in advance — how long to stay, who will come and who will take care of what tasks.
- Plan your goodbye with your student in advance.

THE FIRST WEEK — POST MOVE-IN DAY
- Families may have varying experiences and emotions. The house may feel quiet and empty; parents may wonder what student is doing; parents may feel a loss of identity, sadness, relief, or both; parents may worry about too much or too little contact with student.
- Students may have varying experiences and feel a range of emotions. They will be busy with residence hall activities, workshops, tours, convocation, buying books, registering their bike, finding their classrooms and getting to know their hall mates.

THE FIRST QUARTER…
- Freedom is good and okay! Take some time for yourself.
- Be patient with the transition. It is an adjustment for everyone.
- Find ways to stay connected to your student and check in with your student about your relationship.
- Visit — but call first if able!

WHEN THEY COME HOME …
- It may be a bittersweet time.
- Families may feel let down if their student does not seem excited or happy to be home.
- Expect your student to want to spend a lot of time with high school friends.
- Talk about house rules before they come home.

OVER THE NEXT SEVERAL YEARS …
- Your relationship with your student will continue to evolve – this is normal.
- Visits home may decrease but become easier.
- They will grow up a lot. You will change, too.
- Enjoy it — the time will go by quickly!
Co-curricular activities provide vital opportunities to build social and professional networks, experience a sense of belonging at UCSB, engage in community service, and develop leadership skills. Each year thousands of events are scheduled on campus for students. Within each residence hall, a team of professional staff and student resident assistants plan educational and social programs specifically designed for their residents. Most of these events are offered free of charge. Outside of the halls, campus departments and student organizations offer workshops, performances, lectures, events, discussions, and activities. In addition, leadership opportunities abound from student government to over 400 registered campus organizations, including fraternities and sororities. Students can learn about all of these opportunities through the campus newspaper, the website www.ucsb.edu, and by visiting http://shoreline.ucsb.edu.

New Student Experience

Co-curricular activities provide vital opportunities to build social and professional networks, experience a sense of belonging at UCSB, engage in community service, and develop leadership skills. Each year thousands of events are scheduled on campus for students. Within each residence hall, a team of professional staff and student resident assistants plan educational and social programs specifically designed for their residents. Most of these events are offered free of charge. Outside of the halls, campus departments and student organizations continually host workshops, performances, lectures, events, discussions, and activities. In addition, leadership opportunities abound from student government to over 400 registered campus organizations, including fraternities and sororities. Students can learn about all of these opportunities through the campus newspaper, flyers posted around campus, or by visiting http://shoreline.ucsb.edu.

SEPTEMBER 2023

WELCOME TO UCSB!
Most Gauchos report a great experience and feel that our campus community accepts them immediately. Because this is one of the biggest transitions in adult life, many students encounter a range of challenges as they meet academic demands and develop new social and personal management skills. UCSB has tons of resources for students to make their college journey a little easier, which are highlighted throughout this calendar.

UCSB students are vital to the campus, we welcome our new freshmen and transfer students and their families!

Katya Armistead, Ed.D.
Assistant Vice Chancellor & Dean of Student Life

STUDENT PERSPECTIVE:
"My first year has been everything I wanted it to be and more. Somewhere I found my home in a place that was nearly 2,000 miles away from my house. The transition, while at times a bit difficult, was ultimately a smooth one due to the immense kindness from everyone around me." - Sophomore, Sociology

"I am currently in my first year at UCSB. I am a transfer student and the transition was better than expected. I made a couple of friends and it definitely helped to get involved and attend events. Being away from my family is a little hard, but I definitely got used to it. The coursework is much more rigorous, but I have also learned to adapt to the fast pace of the school. So far I have had a positive experience." - Junior, Chicana Studies

"I came into UCSB as a transfer student from LA County, and I remember being so worried and scared that I wouldn’t make any connections. I had to push myself to become more involved in extracurricular activities like the Transfer Student Alliance (TSA) and even got to work for Orientation Programs and Parent Services. Although some days were harder than others, I wouldn’t ever change my decision to come to UCSB. I’ve met amazing people and a community that really cares for their students." - Senior, Sociology

UNIVERSITY SUCCESS COURSES
The Dean of Students Office offers two popular courses in collaboration with the Graduate School of Education. The classes focus on how to be successful at our research university. Education 118, for transfer students, will be offered in fall quarter. Education 20, for freshmen, will be offered in the spring. Students should check course schedules on GOLD for details.

DISCOVERY@UCSB SEMINARS (FOR FIRST YEAR AND TRANSFER STUDENTS)
Discovery@UCSB seminars offer students a chance to dive into fascinating topics with expert UCSB faculty and learn more about how disciplines work. There are three types of seminars: Exploration Seminars: one faculty member, maximum 20 students, Discovery Seminars: two faculty members from different disciplines, between 20-40 students, Linked Seminars: Two faculty members from the same discipline, between 20-40 students.

Discovery@UCSB seminars are designated for first-year or transfer students, so students have a chance to get to know others in their cohort.

Discovery@UCSB seminars are offered 1 unit (10 hours/quarter) or 2 units (20 hours/quarter) and graded passed/not passed.

First-year seminars are listed as: INT1AA-ZZ, INT1BA-ZZ, INT1CA-ZZ.
Transfer seminars are listed as: INT2AA-ZZ, INT2BA-ZZ, INT2CA-ZZ.

Visit http://www.duels.ucsb.edu/academics/seminars/list to see a list of current and past seminars.

New Student Convocation
Pre-instructional activities — Sept. 23-27
New students are invited to attend numerous activities throughout campus.
Visit shoreline.ucsb.edu

Labor Day
DEADLINE TO PAY FALL FEES
See https://myucsb.ucsb.edu for more information

RESIDENCE HALL MOVE-IN WEEKEND
for university-owned halls, www.housing.ucsb.edu
RESIDENCE HALL MOVE-IN WEEKEND
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RESIDENCE HALL MOVE-IN WEEKEND
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Visit shoreline.ucsb.edu
Student Involvement

Every university hopes to provide its students with the opportunity to explore issues and become involved in a wide range of activities. While the university experience is traditionally associated with academics, many students find great value in the learning they experience outside of the classroom. UCSB offers a number of ways for students to grow and challenge themselves by meeting new people, learning more about the university, and experiencing personal development in student government, campus clubs and organizations, undergraduate research, and diverse internship opportunities.

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CLUBS & ORGANIZATIONS

Student Engagement & Leadership (SEAL) is the home to Registered Campus Organizations (RCOs) who provide opportunities to meet new people, establish a sense of belonging at UCSB, engage in community service, develop leadership skills, and integrate coursework with practical experiences. There are more than 400 organizations — led primarily by students — of all kinds: academic, arts, career, community service, cultural, educational, fraternities, environmental, political, recreational, religious/spiritual, social, sororities, sports, wellness, and more. To learn more, students should attend the annual Campus Orgs Fair held in the fall.

COMMUNITY AFFAIRS BOARD (CAB)

Community Affairs Board (CAB) connects UCSB students to the community. CAB hosts and supports events which focus on volunteering to help the environment, youth, animals, elderly, houseless, and more. Care-mail is the weekly newsletter that includes volunteer opportunities, events, and internships in the community. For more information, visit https://cabc.ucsb.edu.

LEADERSHIP DEVELOPMENT (SEAL)

Student Engagement & Leadership (SEAL) offers several annual and ongoing programs built around research-based leadership development methods, including workshops, classes, retreats, and individual/organizational consulting. We are proud to offer the Leadership Challenge Workshop (used worldwide by Fortune 500 companies and non-profit organizations alike). Students can find out more by visiting the Student Life Resource Center (Student Resource Building, Room 1104) or our online engagement platform, Shoreline: shorelin.ucsb.edu.

RECREATION AND INTERCOLLEGIATE SPORTS

UCSB’s Recreation program has extensive opportunities consisting of intramural sports, club sports, and outdoor recreation. Being involved in these programs provides opportunities for students to have fun, meet other students, and stay fit. UCSB’s athletic program also includes intercollegiate teams. For more information, please visit https://recreation.sa.ucsb.edu.

OUTDOOR PROGRAMS

Taking Gauchos on adventures since 1974, UCSB Adventure Programs in the Department of Recreation is proud to offer kayaking, climbing, canoeing, backpacking, surfing, stand-up paddle boarding, aerial skills, canyoneering, camping trips, equipment rentals, ropes courses, Adventure Climbing Center, certifications in SCUBA and wilderness aid. New Gauchos can jump-start their UCSB experience by joining the popular First Year Outdoor Adventure (FYOA) offered just before UCSB move-in weekend. Ask us about working at the Adventure Climbing Center, Adventure Ropes Course or joining our Leadership Training Course to become an outdoor guide! For more information about all Adventure Programs, visit recreation.ucsb.edu.

RESIDENCE HALL ASSOCIATION (RHA)

The Residence Halls Association (RHA) and Hall Councils are an easy and fun way for students to get involved in their residence hall, develop leadership skills and meet new people. New students are able to run for several positions in the fall. For more information about RHA, visit https://rhau.ucsb.edu.

THEATER & DANCE

The Department of Theater and Dance offers a thriving forum for the study of dance, theater and other types of performance. In a typical year, the department produces five main stage drama productions and two modern dance concerts. The productions represent the various periods and styles taught in the academic program ranging from the classics to contemporary dramas to comedies to original works. For more information, please visit www.theaterdance.ucsb.edu.

IV AND SANTA BARBARA COMMUNITY

Isla Vista and the neighboring Santa Barbara area are fun and diverse places to explore. Every Friday night in the Isla Vista Theater, Magic Lantern Films screens both classic and current films at a low price. AS Program Board also sponsors fun events at nominal costs to students on campus, in Isla Vista, and in nearby Goleta. The surrounding area of Santa Barbara also provides the opportunity for lively entertainment — shopping, concerts and fabulous restaurants — all at a short bus ride away! Many students find ways to volunteer and better our community through service projects such as nature clean-ups, assisting at local schools, and improving food security for people experiencing homelessness in the area with accessible potluck meals.

LEADERSHIP DEVELOPMENT (SEAL)

Student Engagement & Leadership (SEAL) offers several annual and ongoing programs built around research-based leadership development methods, including workshops, classes, retreats, and individual/organizational consulting. We are proud to offer the Leadership Challenge Workshop (used worldwide by Fortune 500 companies and non-profit organizations alike). Students can find out more by visiting the Student Life Resource Center (Student Resource Building, Room 1104) or our online engagement platform, Shoreline: shorelin.ucsb.edu.
The first quarter of college is an exciting time for first-year students and can be filled with many new experiences and challenges. Your support can help ensure that your student learns to navigate life at the University and is set up for success. Reach out to your student with phone calls and texts to let them know you are there for them, but also give them space to grow and discover life for themselves. Stay connected to your University and is set up for success. Reach out to your student with phone calls and texts to let them know you.

Winter break is an especially important time to check in with your student about their social and academic transition. In this month, we offer some conversation starters that we hope will help you talk with your student about the challenging aspects of life as a new university student.

**ASK ABOUT ACADEMICS**

The academic transition can be one of the most difficult aspects of a student’s university career. There are many issues to keep in mind—from acclimating to UCSB’s quarter system to the increased academic rigor and expectations. Academic success can take many different forms—it is not just grades that count!

Some questions to start your conversation:

- Do you like your classes?
- What has been the most challenging part of the academic transition for you?
- Is there anything you will do differently in the winter now that you have experienced fall quarter at UCSB?
- How are you time management skills?
- Have you used the resources available at CLAS (Campus Learning Assistance Services)?
- Have you visited your instructor’s office hours?
- If so, how did it go?
- How do you feel about choosing a major?
- Have you visited an academic advisor in your college (Letters & Science, Engineering, or Creative Studies)?
- Have you spoken with the undergraduate advisor in your major department (if you have already selected a major)?
- For undeclared students: Have you used the resources available in the Career Resource Library to help you explore new interests?
- How do you feel about your winter course schedule?

**ACADEMIC RESOURCES**

- College advising through your student’s college (Letters and Science, Engineering, or Creative Studies). See the General Catalog for more information (https://my.sa.ucsb.edu/catalog).
- Academic advising through each major department
- Campus Learning Assistance Services (CLAS)
- Educational Opportunity Program (EOP)

**ABOUT FERPA**

UCSB departments must comply with the Family Educational Rights and Privacy Act (FERPA). FERPA and are unable to release information about your student. It is important that your student take primary responsibility for communicating with campus offices, advisors and faculty. For more details about FERPA, visit registrar.sa.ucsb.edu/student-records/ferpa.

**ASK ABOUT THE SOCIAL TRANSITION**

Some conversation starters are:

- How are you doing? Are you feeling overwhelmed?
- How are you getting along with your roommates? What do you do to relieve stress?
- Do you want to visit home? How can we help?
- What is the party scene like? If your student indicates that “everyone drinks,” or if you gather that they are drinking, pursue the issue. Reinforce your expectations and values.
- What kind of activities other than drinking are available on-campus or off-campus?
- Are you comfortable with your behavior since you started college? Do you know what the consequences are for alcohol or drug violations at UCSB and in IV?

Talk to your student about their expectations. Set clear and realistic goals regarding academic performance and discuss consequences if the expectations are not met.

Talk to your student about your own experiences with alcohol, both positive and negative. Do not, however, idealize any over-indulgences from your own youth. Your student may assume that your family is not having to see your family every waking second has been good. I appreciate that my family realizes this and knows to give me my space. We communicate at least once a week, depending on my workload, and we text about every two days."

- Freshman, Philosophy

“I FaceTime my family and visited quite often the first summer that I was here. I like my space, so not having to see my family every waking second has been good. I appreciate that my family realizes this and knows to give me my space. We communicate at least once a week, depending on my workload, and we text about every two days."

- Sophomore, Economics
Healthcare

One frequently asked parent question is, “When my student gets sick, who will take care of them?” The answer is easy — Student Health. Student Health is a large medical facility, fully compliant with standards of the Accreditation Association for Ambulatory Health Care, employing over 140 professionals and support staff including: primary care physicians, psychiatrists, nurse practitioners, orthopedists, physician assistants, dermatologists, dietitians, physical therapists, pharmacists, lab technicians, x-ray technicians and more. Students can make appointments or may be seen in Urgent Care. Students can either email or drop-in to consult with an Advice Nurse. Electronic medical records are utilized, allowing online appointments, pharmacy refills and secure communication via email. For further information, email studenthealth@sa.ucsb.edu or visit us online at http://studenthealth.sa.ucsb.edu or call (805) 893-6361.

### DECEMBER 2023

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<td>WINTER BREAK Dec. 16-Jan. 7. Some university-owned residence halls may close for winter break.</td>
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**IMMUNIZATION REQUIREMENTS**

All incoming and re-admitted students are required to complete a tuberculosis (TB) screening and satisfy immunization requirements as mandated by the UC Office of the President. The recommended due date is before the start of your first quarter. Failure to comply with the requirements will result in a registration block for the following quarter. We strongly encourage you to start this process early, as you may be required to complete additional steps prior to arrival on campus. Exemptions are only granted for medical conditions upon receipt of a certificate from a licensed medical physician, nurse practitioner, or physician assistant.

For further information and instructions for completing these requirements please visit http://studenthealth.ucsb.edu/medical-services/immunization-information.

Students can complete tuberculosis (TB) screening, enter required immunization dates, and upload immunization records on the Student Health Service Patient Portal GATEWAY.

**MENINGITIS AND THE MENINGITIS VACCINE**

This disease is a particularly serious risk for college students, and all students are urged to ensure they receive the Td vaccine currently available against meningococcal serogroups A, C, W, Y, and the new Men B vaccine, either Bexsero® (2 doses) or Trumenba® (2 doses). Students should have a booster shot at age 16 or later for the older series (Menactra®, Menveo® or Menomune®) that cover serogroups A, C, W, Y & the new Men B vaccines, either Bexsero® (2 doses) or Trumenba® (2 doses).
Mental Health

Students attending college often experience mental health issues. Some students come to college with a previously diagnosed mental health condition and are under the care of a physician or psychiatrist; these students are encouraged to transfer their care to UCSB professionals at Student Health Services. Other students may develop symptoms of mental health disorders, such as depression and anxiety, for the first time while in college. Mental health issues can be challenging, but with proper medication and therapy, students can be very successful in the college environment. Consultation, diagnosis and treatment for many common mental health symptoms are available at Student Health Services by calling (805) 893-3030. Free and confidential counseling is available from licensed psychologists at Counseling & Psychological Services 24 hours a day/7 days a week by calling (805) 893-4411.

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS has a comprehensive Mental Health Peer Program staffed by student peer advisors. They are trained in basic counseling and relaxation techniques and can help students learn to cope with the stressors of college life. Students can visit the egg and massage chairs, stop by to talk to a peer, or attend one of the many workshops offered.

Phone consultation is available 24/7 — even nights, weekends and holidays at (805) 893-4411. Free and confidential counseling is available from licensed psychologists at Counseling & Psychological Services 24 hours a day/7 days a week by calling (805) 893-4411.

Counseling & Psychological Services (CAPS)

Counseling & Psychological Services (CAPS) provides an opportunity to speak with objective professionals when students need help sorting out a personal issue, feel overly stressed, anxious, depressed or need assistance with more serious mental health concerns. When these issues are interfering with a student’s academic or personal life or causing academic difficulty, psychologists can help to clarify values, establish goals and, most importantly, identify options. CAPS offers individual and group counseling to address psychological concerns. Group offerings include Mindfulness, Find Your Focus (ADHD), and Creating Emotional Balance & Healthy Relationships. Sessions with psychologists are confidential and no information is released about counseling without a student’s consent. Parents are welcome to call CAPS for general guidance or consultation.

A variety of factors including medical, academic, financial, emotional, family, and social issues can affect a student’s performance and adjustment at UCSB. Students who are experiencing difficulties in any of these areas can meet with a social worker for assessment, help connecting to community resources and services, ongoing support, monitoring and advocacy. For students who may need to leave UCSB, a social worker can provide assistance in locating and obtaining continuing services. The social worker’s role is to meet with students, consult with other involved people (with the student’s permission) and identify the student’s obstacles, needs, strengths and goals to develop a plan. Together the social worker and student develop a plan to access resources available to meet their needs. The ultimate goal is for students to maximize their college experience while at UCSB.

Social work services are provided at no cost to students through Student Health Funding. UCSB social workers are also available to consult with parents, within the limits of confidentiality restrictions that protect medical information. This is a voluntary and confidential service — we are unable to require students to attend appointments. For serious concerns, consult with a Student Health social worker or contact Student Mental Health Coordination Services. Social Work Services are available through Student Health at (805) 893-3087. Further information on responding to distressed students may also be found at http://studenthealth.sa.ucsb.edu or by calling (805) 893-3087.
Housing

Students are able to live in university residence halls that provide room and board and are located in three geographic areas of the campus: Storke Campus, Main Campus East, and Main Campus West. All halls are within walking or biking distance to classes, dining commons, and recreational facilities. Residence halls provide students with a sense of community, educational and social programs, and a network of support in the residence assistants and professional housing staff to ensure success at the University. University-owned undergraduate apartments are available for continuing and transfer students and are located in close proximity to campus.

FEBRUARY 2024

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All dates in this calendar are subject to change — visit www.ucsb.edu for updates and more information.

Housing, Dining & Auxiliary Enterprises

UC Santa Barbara operates eight residence halls for undergraduate students with a variety of building styles and floor plans that provide a great way to meet people and get involved. Community development is enhanced by recreation facilities including basketball and volleyball courts, lounges for events and studying, and off-street bikeways. The 9-month contract includes a room with furnishings, a meal plan, high-speed wireless internet, housekeeping services, on-site laundry facilities, and 24-hour on-call maintenance.

UC Santa Barbara operates eight apartment complexes that are available for graduate students, 3rd and 4th year undergraduates students, and students with families. The apartments offer single student and students with families independence, as well as access to a community of fellow students. Apartments include living rooms, bathrooms, and kitchens. Residents may prepare their own meals, or purchase a meal plan for the dining commons. Community comforts include high-speed wired and wireless internet, space for recreation and study, on-site laundry facilities, and 24-hour on-call maintenance.

University & Community Housing Services is a one-stop housing shop for UCSB students. It handles all university-owned housing processes including applications, contracts, room assignments, roommate matching, billing, and housing payments for residence halls and apartments. Additionally, UCHS offers resources for community housing such as rental listings, conflict resolution, move-in/-move-out videotaping, and rental advice. For more information, feel free to contact our office or visit us on the third floor of the University Center.

University & Community Housing Services
Room 3151, University Center
Website: www.housing.ucsb.edu/uchs
Email: housinginfo@housing.ucsb.edu
Phone: 805-893-2571

MYTH:
If my student does not get along with their roommate or if they aren’t very close, their college experience will be ruined for the year.

FACT:
Your student’s roommate is one of the 20,000+ students here at UCSB, and there are many other groups of people and environments that students can become a part of. Students have a wide variety of resources to get involved in such as intramural sports, student clubs and organizations. It’s helpful to remember that while your student’s roommate may not be their best friend, that does not mean they are not a good roommate.

Residential Dining Services
Residential Dining Services satisfies diverse tastes and appetites through its comprehensive dining program. Our department is committed to enhancing the living and learning process of our students by providing a wide variety of fresh, healthy, high quality, and appetizing foods.

Our daily menu selections and offerings are made from scratch with local, fresh, natural and seasonal ingredients and reflect our sustainability practices. Dining offers diverse menu options, including: vegetarian, vegan, low fat, gluten-free, cooked to order selections, specialty dishes, extensive salad bars, fresh bakery goods and desserts. We provide a variety of flexible meal plans to accommodate individual needs. Even if students live outside of university-owned housing, they can still enjoy delicious, nutritious meals at the dining commons with an off-campus meal plan. With every meal, we try to surpass our customers’ expectations, both during the academic year and summer conference season. For more information, visit www.housing.ucsb.edu and click on “Dining Services”.

Residence Halls Association (RHA)
The Residential Housing Association (RHA) plans events and provides services for students throughout the year in order to make residence hall life more enjoyable and enriching for students on campus. RHA officers are elected during spring quarter in order to serve the needs of incoming residents the following academic year. However, several on-campus positions are available in the fall for new students to join. The RHA officers work with Hall Councils to plan social and educational events and activities. Some of these activities include large-scale festivals, All Hall Ball, and All Hall Brawl. Through their hard work, RHA members make the transition to college and life in the residence halls easier and more enjoyable for residents. RHA also provides two great services for parents: Care Packages and Residence Hall Linens (order at: ocm.com). These fundraisers support the mission of RHA and ease the transition into college for your student! More information can also be found at: https://www.rha.ucsb.com.
Money Matters

For many families, the combination of financial pressures and the cost of college can cause stress. Please use the helpful resources provided on this page and turn to our many campus professionals when you have financial questions. Students can access their own financial aid information by visiting www.finaid.ucsb.edu and clicking on the “My Aid Status” link. Parents and students alike are encouraged to read the Money Matters guide, which is distributed through the Financial Aid Office and can also be accessed online at www.sa.ucsb.edu/MoneyMatters.

MARCH 2024

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EASTER SUNDAY

BILING (BARC)

The Billing Accounts Receivable and Collections (BARC) Office maintains each student’s university billing account. The BARC account includes charges for items such as registration fees, housing, student health insurance premiums, lab fees, library fees, etc. BARC also includes all credits on the account for such things as direct payments, financial aid transactions, grants, scholarships and loans.

Gaucho E-Bill — The billing process at UCSB is electronic. Billing statements are not mailed to students nor parents. When a statement is available, all students are sent an email to their university email account. The email includes a link to a secure site where the student can log on to view, download or pay their BARC account. We recommend that ALL STUDENTS authoraze at least one parent user and/or other users to receive e-Bill Notification. Once added by the student, parent/other users receive the same Gaucho E-Bill notifications and have the same ability to view/download statements and to pay online. Complete, step-by-step instructions on how to add one or more parent users can be found at the BARC website. Visit https://www.bfs.ucsb.edu for more information.

Fee Payment Deadlines — UCSB registration fees are billed on a quarterly basis. Students and parent users are sent an email notification one month prior to payment deadlines. These deadlines can be found at https://www.bfs.ucsb.edu for more information.

Acceptable Forms of Payment — Payments may be made by Gaucho E-Check (Electronic Check), conventional paper check, money order, credit card (online only; a 2.75% convenience fee is charged), International wire transfer via Flywire, wire transfer or cash. Cash will only be accepted in person during Billing Cashier Office business hours. Payments from 529 education savings accounts are usually made directly from your 529 institution using either conventional check or wire transfer.

- Avoid Late Payment — Payments need to be received by the due date to avoid late fees in registration status and being assessed late payment charges. Please be sure to allow for sufficient mailing time (recommendation — seven days prior to the payment deadline).
- Payment Plans — Payment plans are available to students who are unable to meet their financial obligations by the specified deadline. Students may call the Billing Office at (805) 893-3118 or visit www.bfs.ucsb.edu for more information.

FINANCIAL AID

Paying for college can be challenging and the Office of Financial Aid & Scholarships is here to help. We advise all eligible students to apply for aid through the Free Application for Federal Student Aid (FAFSA) or the California Dream Act Application (CADAA). March 2nd is the priority deadline, but students who apply after this date can still receive some forms of aid. We also encourage all students to use our ScholarshipUniverse platform to search and apply for scholarship opportunities. With more than 11,000 vetted opportunities in its database, ScholarshipUniverse is a safe and easy-to-use tool that matches students with scholarships for which they are eligible.

Please encourage students to call, email, or visit our office if they have questions about their application or award letter. There are several steps to the process, and we don’t want anyone to be confused or become discouraged. The financial aid student portal, My Aid Status, hosts important information and lists tasks that students need to complete before receiving aid.

Please also reach out if your financial circumstances are complicated or have changed since filing your application. You might need an appeal or loans, and we can help with both. In addition, our office leads the Financial Crisis Response Team, a campus-wide group that is dedicated to making sure that students experiencing acute financial hardships are receiving the campus support resources they need. Students can email financialcrisis@sa.ucsb.edu for more information.

ACCESS ID/DEBIT CARD

The ACCESS ID is the UCSB student ID. Students can use their cards as debit cards by making a deposit. The card is accepted at the UCSB Campus Store, UCAN Post Office, Student Health, and all campus dining/food facilities as well as select off-campus vendors. The ACCESS ID has a one-time processing fee of $33 (BARC only). Visit the ACCESS Center at the UCAN. Visit https://www.barc.ucsb.edu or call (805) 893-3118 for more information, Monday–Friday, 10 a.m.–4 p.m.
Student Well-Being

UCSB is deeply concerned about student and community safety. Your student will receive educational information about excessive and risky drinking as well as the use of controlled and recreational substances throughout the academic year. This is a job the university cannot perform alone; we need the involvement and the support of parents. Although your student is not likely to bring up the topic, they will listen if you talk. You may not even get a response, but research shows that students pay attention when their parents talk with them about alcohol and drugs. Even if you believe your student does not drink or does not drink to excess, it is important that you have a conversation about alcohol and drugs. For more information on any of the following topics, please visit https://adp.sa.ucsb.edu or call the Alcohol and Drug Program at (805) 893-5013.

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Substance-Free Programming

Providing a safe and fun social environment is a university-wide effort that unites academic departments, student affairs resources, and student organizations. The goal of campus partners is to create, support and promote non-alcohol centered activities, events, and venues. Residence Hall staff, Student Engagement & Leadership (SEAL), and student-led organizations such as Life of the Party Student Engagement & Leadership (SEAL), and residence/dining halls, or in campus-owned buildings are referred to ADP for an assessment and/or education. The University maintains limited jurisdiction over certain alcohol and drug related incidents in Isla Vista for which students may be sanctioned to ADP and Santa Barbara County Superior Court may refer students to ADP for court compliance. For more information, visit https://adp.sa.ucsb.edu or call (805) 893-5013 to schedule an appointment.

Some Warning Signs/Risks of Alcohol or Drug Issues

- Changes in mood and/or behavior
- Attempts to self-medicate an existing or undetected psychological condition, including emotional ups and downs
- Decline in school/work attendance or performance
- Difficulty maintaining healthy social relationships
- Legal or financial concerns
- Blackouts and resulting negative consequences
- Increasing tolerance for alcohol and/or other drugs
- Family history of alcohol and/or other drug problems

Alcohol and Drug Program (ADP)
The UCSB Alcohol and Drug Program (ADP) offers free, confidential individual counseling, educational workshops, and support groups based upon current research in prevention and intervention for college students. These programs help students identify their own risk factors and develop skills to make safe choices and increase personal responsibility. Students who violate substance use policies on campus, in the residence/dining halls, or in campus-owned buildings are referred to ADP for an assessment and/or education. The University maintains limited jurisdiction over certain alcohol and drug related incidents in Isla Vista for which students may be sanctioned to ADP and Santa Barbara County Superior Court may refer students to ADP for court compliance. For more information, visit https://adp.sa.ucsb.edu or call (805) 893-5013.

Myth: All students at UCSB regularly consume alcohol and use recreational substances.

Fact: The 2019 National College Health Assessment demonstrates that, within the past 30 days, over 31% of UCSB students report no alcohol use, over 57% of UCSB students report no marijuana use, and over 89% of UCSB students report no other recreational drug use. If there are concerns, students can make a free, confidential appointment with a licensed counselor at the Alcohol and Drug Program by calling 805 893-5013 or visiting https://adp.sa.ucsb.edu.

Student Engagement & Leadership (SEAL)

A university-wide effort that unites academic departments, student affairs resources, and student organizations. The goal of campus partners is to create, support and promote non-alcohol centered activities, events, and venues. Residence Hall staff, Student Engagement & Leadership (SEAL), and student-led organizations such as Life of the Party Student Engagement & Leadership (SEAL), and residence/dining halls, or in campus-owned buildings are referred to ADP for an assessment and/or education. The University maintains limited jurisdiction over certain alcohol and drug related incidents in Isla Vista for which students may be sanctioned to ADP and Santa Barbara County Superior Court may refer students to ADP for court compliance. For more information, visit https://adp.sa.ucsb.edu or call (805) 893-5013.

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- Decline in school/work attendance or performance
- Difficulty maintaining healthy social relationships
- Legal or financial concerns
- Blackouts and resulting negative consequences
- Increasing tolerance for alcohol and/or other drugs
- Family history of alcohol and/or other drug problems

Facts to Keep in Mind

It is not true that “everyone gets drunk in college”. Approximately 50% of all UCSB students drink in moderation when they chose to drink, and more than 20% of students choose not to drink at all. The effects of alcohol and drugs linger long after the party and can have lasting consequences. High-risk drinking and drug use at colleges and universities can have tragic consequences. In many cases, students do not recognize the seriousness of the situation or do not want to get their friend in trouble. Students should know that there interventions can save lives. UCSB has a “Just Call 911” campaign to help students recognize and take action regarding warning signs of risky use of alcohol and drugs and symptoms of overdose. Visit https://alcohol.sa.ucsb.edu/resources/help-a-friend for more information.
Research: An Opportunity No Student Should Miss!

As a world class research institution, UC Santa Barbara embraces research as the cornerstone of a well-rounded education. Students and parents are encouraged to think about how research as an undergraduate will help prepare a student for the very best jobs, graduate schools, and more. Now is the time for students to explore their interests, pursue new knowledge, create original work, and put what they learn into practice outside the classroom. Visit the undergraduate research website at [https://undergrad.research.ucsb.edu](https://undergrad.research.ucsb.edu) for a variety of helpful tips, contacts, student research stories, and much more.

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STUDENT RESEARCH RESOURCES
- Center for Science and Engineering Partnerships
  [https://csep.cnsi.ucsb.edu/](https://csep.cnsi.ucsb.edu/)
- College of Letters and Science: URCA
  [http://www.duels.ucsb.edu/research/urca](http://www.duels.ucsb.edu/research/urca)
- College of Creative Studies
  [https://ccs.ucsb.edu/](https://ccs.ucsb.edu/)
- Materials Research Laboratory
  [https://www.mrl.ucsb.edu/education/undergraduate-opportunities](https://www.mrl.ucsb.edu/education/undergraduate-opportunities)
- McNair Scholars Program
  [https://mcnair.ucsb.edu](https://mcnair.ucsb.edu)

STUDENT PERSPECTIVES

“I’ve been involved with two research labs during my time at UCSB. As a research university, there are tons of ways to get involved here at UCSB, and they’re a great opportunity to gain real world experience while working closely with graduate students or faculty.”

- Sophomore, Feminist Studies

“I participate in research on campus and I am actually constantly shocked by how much I enjoy it! Learning and questioning and understanding different methods to solve or prove hypotheses is really intriguing. I definitely have to say it is very different than the mandatory lab classes that I need to take for my major!”

- Senior, Chemistry

RESEARCH AT UCSB

Undergraduate research is a signature feature of the UC Santa Barbara experience. Whether undergraduates work in laboratories, studios, or the university library, they grow in ways that are only possible in a research or creative environment. What they learn provides mental tools for a lifetime: the ability to persevere, think and communicate clearly, ask the right questions, and develop ideas with confidence. From cognitive neuroscience to aquatic biology to spatial art, the possibilities are endless.

“Young people can be a life-changing event,” says Dennis Clegg, professor in the Molecular, Cellular and Developmental Biology Department. “Some students are hooked after their first successful experiment and are inspired to pursue careers in biomedical research. Others in my lab have gone on to become successful doctors, professors, and teachers.”

In an environment famous for interdisciplinary efforts, students have the opportunity to collaborate with exceptional faculty both in and out of their chosen major. There are six Nobel laureates at UCSB, and many faculty members have won top research awards and fellowships. In addition, Carol Greider, an undergraduate alumni of UCSB’s College of Creative Studies (Biology, class of ’83), and a participant in undergraduate research, shared the 2009 Nobel Prize in Medicine.

Dr. Bruce Tiffney, professor of earth science, notes “Undergraduate participation in research allows the student to move from being a consumer of knowledge to becoming a producer. In the process, they develop an appreciation of the tangled history of human endeavor that leads to new knowledge, as well as the realization that knowledge is generally provisional, not absolute. To do this requires commitment, enthusiasm, and a willingness to live with uncertainty; the results are motivating and empowering.”

According to Herbert Kroemer, 2000 Nobel Laureate in physics, “Careers today require continual, lifelong learning. Few experiences better prepare students for this process than active participation in research early in their education. The only ‘prerequisites’ are curiously, the willingness to learn something not contained in the standard curriculum, and desire to work on questions to which the answers are not yet known. In fact, the satisfaction of having contributed to the solving of previously unanswered questions is often the most exciting part of the work.”

STUDENT HOLIDAYS
- Mother’s Day
- Memorial Day

All dates in this calendar are subject to change — visit [www.ucsb.edu](http://www.ucsb.edu) for updates and more information.
### Isla Vista Community

The vibrant community of Isla Vista, commonly known as “IV,” is one-half square mile in area, located adjacent to UCSB’s main campus. Despite its proximity, Isla Vista is not a part of the UCSB campus. Isla Vista is an unincorporated area of Santa Barbara County represented by an elected county supervisor and a Community Services District with five elected and two appointed members. In addition to the non-student population that resides in IV, approximately 40% of IV’s 23,000 residents are UCSB students and several thousand are Santa Barbara City College students. Despite its diminutive size, Isla Vista has 25 parks and open spaces, over 100 businesses, a public elementary school, and is served by several places of worship. The Isla Vista Food Co-op, a cooperatively owned natural foods store founded by the community in 1972, is open to the public and provides education and outreach programs, employment opportunities, and a community donations program.

### JUNE 2024

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THE TRANSFER EXPERIENCE AT UCSB

Transfer students are valued first-year students on our campus. Their transition to a public research university can present unexpected challenges. Gauchos transfers may struggle until they become accustomed to the new pace, especially if adjusting from the semester to the quarter system.

The Office of the Dean of Students offers a popular course entitled "Introduction to the Research University: Transfer Student Success." In this course, transfer students explore many issues of higher education, including the relationship between research and teaching, the relationship between a theory-based education and future career planning options, graduate school, the diverse campus community, and issues that personally affect students during their education. The course offers many opportunities for transfer students to meet fellow transfer students and form social and academic networks.

New transfer students can enroll in ED 118 through GOLD. For more information, contact Emma Parker at emmaparker@ucsb.edu.

TRANSFER CENTER IN THE UCSB LIBRARY

The Transfer Student Center is a space for UCSB's transfer students to make connections with each other, to campus resources, and with pathways to academic and career success. The Center is home to academic advisors, peer mentors, and departmental partners who are able to help transfer students transition successfully to the four-year research university setting by providing specialized programming and opportunities that add value to their undergraduate education. Visit www.transfercenter.ucsb.edu for more information.

THE TRANSFER EXPERIENCE

JULIAN'S EXPERIENCE

Transfering into UCSB, I knew that I would face the challenge of making the most of my college experience with a smaller time frame. When I was looking at different colleges to transfer to, UCSB was not my top 5. That was until I visited campus and got a strong feeling that I belonged here. Once I got here I had to quickly adapt to the transition of living away from home, living with new people, and the new academic rigor. I also did not know a single person when I got here, so everything was new and presented with a whole new set of expectations that I could not make the transition alone, so I took advantage of the Transfer Student Center. I asked millions of questions about anything and everything. I practically lived in the center with the amount of times I went there. Coupled with ED 118, which is a class specifically for transfer students, I was able to quickly acclimate to UCSB.

With my final quarter drawing to an end and graduation coming closer, I can only say that this is the most of my time here at UCSB. As transfer students, we are given a finite amount of time to succeed here, but we have resources and opportunities available for us. We only need to seek them out. These past two years have given me some of the most memorable experiences of my life, and it makes me proud to have accomplished so much in such little time. Your college experience is what you make of it. — Senior, Political Science

TRANSFER STUDENT ACADEMIC ISSUES

- Some academic difficulties catch students by surprise and create feelings of urgency and frustration
- Many students may need to complete prep work for major, possibly with pre-major GPA restrictions
- Science majors have many required series courses, which may prolong their time to graduation
- Students often must take elective courses their first quarter rather than major courses (this is okay!)
- Frustration with finding out what has transferred (both for degree and major requirements)
- Pace of quarter system, time management, syllabus planning, and study skills
- No GPA cushion (unless coming from a UC)

NON-TRADITIONAL STUDENT ISSUES

- Being older than the typical student (and sometimes the instructor) can lead to feelings of isolation and extra pressure to be more “together” than younger students
- Having to play too many roles (student, parent, employee) while doing them all well
- Feeling overwhelmed because of not having enough time (need assistance and support but don’t have enough time/energy to seek them)

And How Family and Supporters Can Help

- Listen, be supportive, and understand that they will get a great education at UCSB (even if the transition is a bit frustrating)
- Encourage student to seek help from an academic advisor at UCSB and to visit the Transfer Student Center
- Encourage student to send ALL transcripts ASAP (and IOTC certification, if applicable) to the Admissions Office
- Encourage student to work on other requirements while waiting to find out about transfer work (university, major, GE, or upper-division units)
- Be happy with New Student Profile, encourage student to petition (including syllabus, catalog description, sample papers, etc.)
- Encourage meeting with the advisor in their major each quarter
- Remind students of Campus Learning Assistance Services (CLAS)
- Help student/family with Financial aid for university level work

NON-TRADITIONAL STUDENT ISSUES

- Feeling overwhelmed because of not having enough time (need assistance and support but don’t have enough time/energy to seek them)
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How and how family and supporters can help

- Listen and be supportive
- Encourage student to not make assumptions about how others saw them
- Situation arises, encourage student to talk with communication and education
- Encourage student to connect with activities and support services designed specifically for non-traditional students
- Try to set realistic expectations (doing everything well may not be achievable)
- Communicate ways that family can help
- Take advantage of services
- Help student and family set priorities, what needs to be done now versus what can wait

Your Student’s Health

DEAR PARENTS AND FAMILY MEMBERS,

As your Deans for Student Wellness at UC Santa Barbara, our primary focus is supporting the well-being of UCSB students, which is essential to their success. We encourage students to care for their personal needs, to seek out social, health, and emotional supports when they need additional help. We are writing to you today to share some resources and to encourage you to also take steps to help your student attend to their health and well-being as they transition to college life.

As your student transitions to college life they will be faced with many wonderful opportunities. Alongside these opportunities, it is common for students to experience some stress as they adjust to a new academic and living environment. In addition, some students may be coming to college having experienced mental health challenges in the past or still working to cope with mental health issues. Whatever your student’s unique needs are, we want you to know of the support on and around campus. We also want you to know that with support, most students are able to navigate the challenges such that they have a positive college experience and achieve their academic goals.

One very helpful resource to help students connect with well-being services on campus is the wellbeing.ucsb.edu website. On this site you can find key resources for physical health, mental health, support for students experiencing challenging meetings, creating their basic needs (e.g. food or housing insecurity, emergency financial challenges), wellness services and recreation programs. In addition, should a situation arise with your student where an urgent response to mental health, physical health, or basic needs emerges, this site provides a quick reference with contacts so you or your student can request help.

We hope that you find the resources in this letter helpful as you and your student begin to explore what they may need or want upon arrival on campus. One final note about your student’s health: if your student has a history of mental or physical health issues, the best strategy for ensuring success at UCSB is to develop a plan for their care prior to arrival on campus.

There are a number of important considerations to keep in mind and we recommend using the following as a guide to help ensure your student's success at UCSB.

- Schedule appointments to come on campus or in the greater Santa Barbara community prior to the start of classes.
- Contact Social Work Services at (805) 893-3037 to create a strategy for a successful transition to school.
- Discuss the role of medication with your student and the family, and consider creating a plan for maintaining a medication regimen and for refilling prescriptions.
- Visit the websites of Counseling & Psychological Services (CAPS), Student Health Services, Student Mental Health Coordination Services, and Health & Wellness to review key wellness-related services on campus (see column at right).
- We wish you and your student a successful year ahead.

Warmly,

Angela Andrade, PhD
Dean of Student Wellness
Sharleen O'Brien, PsyD
Associate Dean, Director of Health & Wellness
Amanda Flores, MSW
Assistant Dean, Director of Student Mental Health Coordination Services

IDENTIFYING STUDENTS IN DISTRESS

The following are signs that a student could be in distress and should see a mental health professional: Physical or emotional change, someone who does not seem like themselves
- Excessive crying, withdrawing from other people
- Losing interest in hobbies and activities that were previously considered pleasurable
- Changing eating or sleeping patterns
- Decline in functioning, (e.g., not attending class, not sleeping or sleeping too much)
- Change in appearance or appearance, not taking care of oneself
- Decline in academic performance
- Abnormal or dangerous impulses or a sudden or dramatic increase in use
- Anxiety, panic, or fear
- Excessive use of alcohol or other drugs
- Others feel uncomfortable or worried about them
- Bizarre thoughts or behavior (e.g., out of touch with reality)
- Wanting to harm self or others
- Overwhelming sense of appetite, indifferent to life
- Trouble concentrating
- Trouble following through with plans
- Very low energy, feeling worthless and/or hopeless

IMPORTANT CONTACT INFORMATION

Counseling & Psychological Services
http://counseling.ucsb.edu
Health & Wellness Programs
http://wellness.sa.ucsb.edu
Office of the Dean of Students
https://studentlife.sa.ucsb.edu/about/contact.sa
Social Work Services
http://socialwork.ucsb.edu/services

Student Mental Health Coordination Services
(805) 893-3037

Student Health Services
(805) 893-2630

Office of Police
(805) 893-3445

— Senior, Political Science
### UNDERGRADUATE EDUCATION REQUIREMENTS

**The Colleges at UCSB**

UCSB is one of the 10 campuses that form the University of California system. The Santa Barbara campus is home to 10 undergraduate colleges, a Graduate Division, the Gevirtz Graduate School of Education, and the Bren School of Environmental Science and Management. Of the three undergraduate colleges, the largest is the College of Letters and Science — a liberal arts college that offers opportunities in nearly 80 majors and 40 minors. Depending on the major, students in the College of Letters and Science will earn one of four less. Students in the College of Letters and Science — a liberal arts college that offers opportunities in nearly 80 majors and 40 minors. Depending on the major, students in the College of Letters and Science will earn one of four degrees: Bachelor of Arts, Bachelor of Fine Arts, Bachelor of Science, or Bachelor of Music. The College of Engineering offers Bachelor of Science degrees in computer science and chemical, computer, electrical, and mechanical engineering. The College of Social Sciences offers Bachelor of Arts degrees in the humanities, social sciences, and psychology. The Bachelor of Science degree is also offered in computing.

**The Requirements**

There are four types of requirements that all students must meet to graduate with a Bachelor’s degree from UCSB: Unit, University, General Education, and Major requirements. Students must complete all specific course requirements in each of these areas.

1. **UNIT REQUIREMENT**
   - College of Letters and Science
   - For the College of Letters and Science: students must complete at least 130 units to graduate. 1/2 of all units go toward the major, 1/4 toward General Education and 1/4 toward electives.

2. **180 or 184 minimum units are needed to graduate (depending on how a student satisfies their General Education language requirement).**

3. **College of Engineering**
   - For College of Engineering majors: up to 4.5 of all units can be counted in the major and 15 toward General Education and electives.
   - College of Engineering students are required to complete specific courses each quarter. For major-specific units, see the General Engineering Academic Requirements (GEAR) at [https://engineering.ucsb.edu/advising/gear-publications](https://engineering.ucsb.edu/advising/gear-publications).

4. **Depending on the student’s major, 180 to 194 minimum units are needed to graduate.**

   - College of Creative Studies
   - Students should follow the recommendations of the advisors in the College of Creative Studies when planning their first quarter schedule.

5. **180 minimum units are needed to graduate.**

   - **B. UNIVERSITY REQUIREMENTS**
     - Students must complete a degree requirement created by UC faculty and are common to all UC campuses.
     - Entry Level Writing Requirement: English Composition (ENGL 1A or 1B)
     - American History and Institutions (AH&I)
     - Grade Point Average (GPA)
     - Academic Residence

6. **GENERAL EDUCATION REQUIREMENTS**
   - General Education courses or “GEs” are designed to provide breadth to the undergraduate experience. Depending on the student’s major, 18 units may be satisfied in the areas of General Education requirements to explore throughout a student’s career at UCSB.

7. **MAJOR REQUIREMENTS**
   - The major requirements add depth to the undergraduate experience and reflect the major discipline of the student’s chosen major. Major requirements vary from major to major and can be found in the UCSB General Catalog. Some majors require approximately 80 different majors and 38 minors ranging from anthropology to zoology.

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**SCHOLARSHIP COMPETITIONS**

The Scholarship Coordinator in the College of Letters and Science Division of Undergraduate Education facilitates the application process for UCSB undergraduates from any college who are pursuing state, national, and international scholarships that require application, campus nomination or endorsement. Scholarship application deadlines vary each year, but most occur in mid-summer and late fall quarters.

[www.duels.ucsb.edu/academics/scholarships](www.duels.ucsb.edu/academics/scholarships)
STUDENT SUPPORT SERVICES

AS LEGAL RESOURCE CENTER
(805) 893-3222

The Associated Students Legal Resource Center provides free legal consultation and education to all UCSB undergraduate and graduate students. Services include legal research, legal consultations, and advice on legal issues such as landlord-tenant disputes, inheritance, and crimes against persons. The center serves as an information resource and a referral agency to legal professionals.

CAREER SERVICES
Building 599 (painted pink)

Many students and parents are surprised to learn that most UCSC majors do not lead to specific careers, so the Career Office encourages students to visit early for help in clarifying what they want in a future career and how to get there. Our counselors and resources assist you in understanding your unique opportunities and how they might contribute to various types of work. Career services are focused towards income-eligible, first-generation students.

DEPARTMENT OF RECREATION
(805) 893-37-38

Recreation Center Building
FINANCIAL OPPORTUNITIES
RECREATION OFFERS PROGRAMS, SERVICES, AND TOOLS THAT
The Department of Recreation offers programs, services, and tools that contribute to a healthy, active, and balanced lifestyle. Thousands of Gauchos work out in the award-winning Campus Recreation Center, which offers basketball courts, climbing and fitness centers. Students can compete in a variety of intramural sports, esports leagues, and join one of our 27 Sport Clubs teams, which compete nationally. Gaucho R.E.C. (Recreation, Exercise, and Community) is an inclusive community that promotes health and wellness through aquatics, arts and crafts, certification, dance, mind body, fitness, martial arts & self-defense, and sports. Get up, get active, and have fun! We are here to help you get that cardio and attend multiple classes each week. See the Student Resource Building, Student Life Suite (805) 893-4413 for more information. The Student-Parent Liaison at (805) 893-4261 is available to answer your questions or visit our website. We are the only City of Recreation in the world to offer recreational opportunities for all students and is a great place to work and Find Your Fit! http://recreation.ucsb.edu

DEAN OF STUDENTS OFFICE
Student Resource Building, Student Life Suite

The Dean of Students Office collaborates with various departments to coordinate and promote student well-being. The office focuses on the health and safety of the campus community and fosters positive interaction among UCSB students, the university, and the local area. The Dean of Students Office also offers assistance to parents and students in medical or other emergency situations. The office is dedicated to providing resources and assistance to the student-parent liaison to ensure that students have access to the right of freedom of expression in our community. For more information, please visit our website. http://dean.students.ucsb.edu

DISABLED STUDENTS PROGRAM (DSP)
(805) 893-2666

Student Resource Building, Second Floor

The Student Resource Building is a central point of accessibility and academic support services focused towards income-eligible, first-generation college students. DSP provides students with academic and personal support through peer tutoring, counseling services, and academic advising. We offer programs such as VCLASS (Visually Impaired Student Success Program), a tutoring service for students with visual disabilities. Accommodation includes note-takers, exam accommodations, use of adaptive technology, and advocacy advising.

EDUCATIONAL OPPORTUNITY PROGRAM (EOP)
(805) 893-4738

Student Resource Building, Second Floor

The Educational Opportunity Program (EOP) at UC Santa Barbara is a comprehensive support program for low-income and under-represented students. EOP provides academic, personal, and financial support services to help students achieve their educational goals. EOP offers assistance with applications to graduate and professional schools, financial aid, and student resources, including housing, career counseling, and mental health services.

LGBTQ+ STUDENT SERVICES
(805) 893-5847

Student Resource Building, Third Floor

The LGBTQ+ Student Resource Center (LCSG) offers a safe and supportive environment for LGBTQ+ and straight students and staff to find support, resources, and community. We encourage all students and staff to involve themselves in the LGBTQ+ Resource Center and be a more welcoming and inclusive environment for people of all genders and sexualities.

LIBRARY
(805) 893-2478

The UCSB Library-the intellectual, cultural, and physical center of campus-provides over 3.2 million books, 462,000 print and online journals, and access to over 800 article and research databases. The first two floors of the building are open to UCSB students for research and study. The library is the strongest advocate, VMS promotes a positive educational environment through a variety of programs, initiatives, and resources. We also encourage students to engage with the campus community through extracurricular activities, employment, family law, and other non-university related or student-versus-student issues. The office is staffed by professional librarians and is available Monday through Friday from 11 a.m.-5 p.m.

MULTICULTURAL CENTER (MCC)
(805) 893-8411

University Center, near Convene Pavilion

The Multicultural Center (MCC) plays a critical role in impacting the intellectual and social growth of many UCSB students. It provides dynamic educational programs that enhance learning about different communities while cultivating diversity and global understanding. The MCC is engaged in pro-active educational activities aimed at breaking down stereotypes, explaining the historical context of inequity, and increasing knowledge of the marginalized. The MCC provides a psychological and physical “safe space” for students from diverse backgrounds. The MCC presents an average of 20-25 programs each quarter ranging from lectures and panel discussions to music and dance performances. MCC also hosts student-led organizations affiliated with the MCC, and we maintain a mutually supportive relationship as we work toward a shared mission of upholding social justice and identities and communities.

OFFICE OF STUDENT CONDUCT
(805) 893-2000

Student Resource Building, Second Floor

The Office of Student Conduct adjudicates academic and behavioral violations of the Student Conduct Code. We promote the highest standards of academic and personal integrity and ensure student well-being through restorative practices and administrative resolution. We are the first stop when someone is needing a space to congregate. The Pardall Center is in the heart of UCSB and serves as a safe haven for students and is a great place to work and Find Your Fit! http://recreation.ucsb.edu

ONDAS STUDENT CENTER
(805) 893-3452

Kerr Hall 1150

The ONDAS Student Center supports the transition and retention of first-generation and minoritized students at UCSB. ONDAS serves as an academic resource center by providing mentorship and academic support in a learning-centered space. ONDAS connects students with faculty, staff, and peers to support student growth (personally and socially), and assist students in excelling academically. We offer peer mentorship, peer-led workshops, academic support & resources, grad school, fellowship, mentorship, mentorship programs, space to connect with peers, staff, and physical space. https://ondas.ucsb.edu

PARDALL CENTER
(805) 770-3145

6550 Pardall Road, Isla Vista

Pardall Center was created in 2000 by students to provide a safe space for those who need a place to congregate. The Pardall Center is in the heart of Isla Vista and is a home to the Self Help Legal Advice Program, the UCSB Resource Center, and Isla Vista Tenants Union. For more information and an IV resource guide, please visit our website. http://pardallcenter.as.ucsb.edu

This is a partial list of resources available at UCSB. For more, visit www.ucsb.edu

and be sure to read each month of this calendar.

STUDENT ENGAGEMENT & LEADERSHIP (SEAL)
(805) 893-4569

Student Resource Building, Second Floor

SEAL promotes undergraduate and graduate student engagement and development through co-curricular programs and services, including Registered Campus Student Organizations (RCSO). SEAL fosters student leadership development. We champion student perspectives, initiatives, organizations, and events. We support the emotional and social well-being of the campus community because student activities play an integral role in student retention and success, and provide students with opportunities for human development. Furthermore, we promote a culture of community service that affirms the right of freedom of speech and the campus community to the highest standards of civility and decency.

TRANSPORTATION & PARKING SERVICES (TPS)
(805) 893-2346 or tps-sales@ucsb.edu

TPS offers parking ePermits for commuters that reside outside of a two-mile radius from campus and offer limited ePermits for UCSB housing. Parking may be up to a mile away from housing locations. An ePermit is required at all times for UCSB cars parked on campus. Drivers can consult the campus map for regulations to avoid citations - http://career.ucsb.edu. Due to limited parking space, students and TPS encourages students to not bring vehicles to UCSB. Visit the Transportation Affairs Office located at 5931 Faria Blvd for carpool, vanpool, bus and transit information.

UNDOCUMENTED STUDENT SERVICES (USS)
(805) 893-5609

Student Resource Building, Second Floor

USS provides resources and programming for undocumented, DACA, and TPS students. USS is made up of two resource centers that provide support to undocumented immigrant family members and allies. USS partners with departments and offices such as the Associated Students’ main office, Graduate Student Association, Multicultural Center, Career Center, Environmental Affairs Board, and CALPIRG. Convin Pavilion and the Hub host many larger gatherings such as legal workshops and dances throughout the year. http://ucen.ucsb.edu

UNIVERSITY CENTER (UCEN)
(805) 893-4463

Located across from Storke Tower

The University Center (UCen) is UCSB’s student union. The University Center offers a variety of services and amenities, including a Starbucks, lounges, meeting rooms, study rooms, a U.S. Post Office, and a copy shop. It also houses many offices and services, such as the Associated Students’ main office, Graduate Student Association, Multicultural Center, Career Center, Environmental Affairs Board, and CALPIRG. Convin Pavilion and the Hub host many larger gatherings such as legal workshops and dances throughout the year. http://ucen.ucsb.edu

VETERANS AND MILITARY SERVICES (VMS)
850-893-4758 or VeteransMilitaryServices@sa.ucsb.edu

Building 434, Rooms 123 and 125

Veterans and military services (VMS) provides comprehensive support to UCSB’s military-related student community, including students veteran, active, Reserve and National Guard members, as well as military dependents. As the military community’s first stop and strongest advocate, VMS provides veteran students with academic support, career counseling, and personal support.

WOMEN, GENDER, & SEXUALITY EQUITY (WGSE)
(805) 893-3773

www.ucsb.edu

The Women, Gender, and Sexual Equity (WGSE) department is dedicated to exploring gender-based issues and challenges that face the campus community through education, advocacy, and resources. By engaging students, staff, faculty, and community, WGSE works to promote awareness and understanding of sex and gender in our society. The WGSE helps to foster an inclusive, equitable, and non-violent campus community. Programs and services are open to all gender identities. The WGSE is made up of two resource centers that are both located in the Student Resource Building: The Women’s Center Programming and the Non-Traditional Student Resource Center. http://wgse.ucsb.edu
Local Law Enforcement

LOCAL LAWS AND COUNTY ORDINANCES

Campus Police is responsible for enforcing the law on campus and in Isla Vista. Students may be cited or arrested if they are found to be breaking the law or unable to care for their own safety or the safety of others. UCSB police work cooperatively with local and state laws and county ordinances. A list of these laws and ordinances as well as rules and fares can be found on the Ista Vista Foot Patrol website at www.dsheriff.org/ armory.htm.

ISLA VISTA FOOT PATROL

The Isla Vista Foot Patrol was established in 1970 as one of California’s first community policing stations and has operated successfully under the concept ever since. The goal is to create a partnership between the public and law enforcement to work together to help keep Isla Vista safe. The Isla Vista Foot Patrol, located at 6004 Figo Road, is staffed by deputies from the Santa Barbara Sheriff’s Office and the UCSB Police Department officers. The Santa Barbara County Sheriff’s Office has primary responsibility for community service, such as traffic enforcement and patrolling the area outside of the university jurisdiction in Isla Vista.

Intra-Vista community members play a valuable role in fighting in public or other acts of violence, burglary, theft (your door is locked), minor in possession of alcohol, public intoxication, open alcohol containers in public places, and violation of the noise ordinance (in effect after 10 p.m. on Sunday through Thursday and after midnight on Friday and Saturday nights).

Regular services of the Isla Vista Foot Patrol include answering calls related to more than 200,000 incidents, and other violent crime, complaints, injuries, injury, fire, and custody of lost property. If Foot Patrol staff are available to advise students on how to avoid becoming victims. For more information, call (805) 681-4179. For emergency response in Isla Vista, students should dial 911.

POLICE DEPARTMENT

The UCSB Police Department (UCSB PD) takes great pride in providing and promoting a safe and secure environment for the students, faculty, staff, and visitors here at the University of California, Santa Barbara. UCSB PD is a teaching unit of the Police Department of the University of California and works cooperatively with all members of the University and surrounding communities in order to provide comprehensive, community-centered and professional police services, so that our ever-changing campus community can thrive.

UCSB Police officers have statewide jurisdiction, are duly sworn under section 830.2 of the California Penal Code, and are trained under state guidelines and standards. UCSB PD is a full service police agency that is open 24-hours a day, 7 days a week, 365 days a year. UCSB PD is the primary law enforcement agency for campus and campus sponsored events. UCSBPD also works collaboratively with the Isla Vista Community. UCSB Police Department values transparency in policing and we encourage you to contact their community outreach team (community@police.ucsb.edu) if you have any questions related to the services provided by their department. The UCSB Police Department officers are trained, certified and fully sworn under state law. While UCSB police officers have statewide jurisdiction, they work to primarily serve the campus and the Isla Vista community.

The Department’s headquarters are located on the northwest side of campus, at the intersection of Stadum and Mesa Roads, next to the County Fire Protection District. When choosing a lock for a bike, one of the most effective types is the U-shaped shackle lock combined with a cable lock. These are most effective when locked to a something stationary rather than itself. Campus regulations require that all bikes be parked in bicycle racks and registered with a California Bike License. The CSO offers bicycle registration year-round. For more information, visit www.ucsb.edu/cso.

SEXUAL ASSAULT, RELATIONSHIP VIOLENCE & STALKING

Sexual assault, stalking, and relationship violence are never planned for in anyone’s college career, yet they are a reality on all college campuses. Campus Advocacy, Resources, & Education (CARE) provides both survivor services and prevention on issues of sexual assault, relationship stalking, and violence. Our prevention goals are to challenge myths, raise awareness, and encourage community engagement in ending interpersonal violence on campus and in our community. Educational programs include discussions about affirmative consent to sexual activity, bystander intervention in potentially violent situations, how to support a survivor, and the importance of creating a campus culture that has zero tolerance for harming others. CARE is also a confidential advocacy service provider to students impacted by sexual violence. We provide emotional support and safe space for survivors while exploring all options. CARE advocates provide crisis intervention, assistance with legal and medical questions and academic accommodations, as well as referrals to counseling and resources both on campus and in the community. CARE is located on the second floor of the Student Resource Building (SRB, Suite 2145). For those who need or want to seek support not in the SRB, we have a second location in Isla Vista in the Gauchos Support Center available upon request. CARE is fully accessible via voice, zoom, and phone appointments. Confidential advocacy services are available 24 hours a day, 7 days a week by calling the direct advocacy line at (805) 893-4613. For more information on CARE, visit http://care.ucsb.edu.

Staying Informed

CLERY ACT ANNUAL SECURITY & FIRE SAFETY REPORT

The University is committed to providing a safe and secure environment in accordance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act); UC Santa Barbara publishes an Annual Security and Fire Safety Report to provide information regarding campus safety and security policies, how the University complies with federal regulations, and resources to current and prospective students and employees.

This report includes statistics for the previous three years concerning crimes reported to Campus Security Authorities (CSA) that occurred on campus or within one quarter mile of the UCSB-affiliated properties, and on public property adjacent to and accessible from campus. This report also includes statistics for on-campus student housing facilities, and campus policies concerning crime prevention, fire safety, crime reporting, at what point a survivor should register to receive text message alerts in addition to emails.

The University issues two types of campus alerts: Timely Warnings and Emergency Notifications. Timely Warnings are issued concerning crimes that are determined to be a serious or continuing threat to the campus community. Emergency Notifications are issued concerning significant but non-fatal or non-continuing crimes that are determined as a serious or continuing threat to the campus community. Students, staff, and faculty can register and update contact information for these alerts at make-a-plan.ucsb.edu. Students should contact their student email so that they can be used to deliver emergency messages to the campus community.

Campus Safety is a collaborative effort that involves the entire community. The University encourages victims, witnesses, and community members who are made aware of crimes to report all incidents to the UCSB Police Department at 805-681-4179. To learn more about the Clery Act, please visit: www.police.ucsb.edu/clery-act.

EMERGENCY PLANNING AND USB ALERT

UC Santa Barbara takes a proactive approach to emergency preparedness, and we urge students and families to become familiar with the campus’ response procedures and plans. UC Santa Barbara’s emergency planning website (http://emerg.ucsb.edu/) is a great resource to assist you in preparing for emergency situations. In the event of a large-scale emergency, urgent crisis, or other dangerous situation involving an immediate threat to your health or safety of the campus community. Students, staff, and faculty can register and update contact information for these alerts at make-a-plan.ucsb.edu. Students should provide their cell phone numbers so that they can receive text message alerts in addition to emails.

The University posts updates during a critical incident on the main campus website (www.ucsb.edu). Recorded informational updates may be provided on UC Santa Barbara’s Emergency Information Hotline (888) 456-6226.

Live updates may also be provided on the campus radio station, KCSB 91.9 FM. As you prepare to send your student to UC Santa Barbara, we recommend that you create a personalized student alert plan. This tool will help you identify items such as school supplies, medication, video games, and toys. It also includes items such as school supplies, medication, video games, and toys. It also includes instructions for creating your own personal contact information. Contact information will be stored in a database so that your student can be prepared for an emergency. Please consult the Federal Emergency Management Agency (FEMA) website for more information and resources. www.ready.gov. make-a-plan.
ACADEMIC MISCONDUCT
Each student shares the responsibility for community standards and assumes ALL responsibilities in the UCSB Student Conduct Code. The UCSC Student Conduct Code exists to support the highest standards of social and academic behavior and ensure an environment conducive to student learning. It is expected that students attending the University of California, Santa Barbara understand and subscribe to the values of academic integrity, and are willing to bear individual responsibility for their work. Any submission that fulfills an academic requirement must represent a student’s original work. Any act of academic dishonesty will subject a person to University disciplinary action.

For more information refer to the General Catalog (http://www.sa.ucsb.edu/ regulations) or to the Student Conduct website (http://studentconduct.sa.ucsb.edu/)

CAMPUS REGULATIONS
Campus Regulations address the rights and responsibilities of those who compose the University community and provide campus-wide standards for implementing regulations as a means of sustaining this organization. Students are expected to comply with all local, state, and federal laws.

In order to carry on its work of teaching, research, and public service, the University has an obligation to maintain conditions under which the work of the University can go forward freely, in accordance with the highest standards of quality, institutional integrity, and freedom of expression, with full recognition of all concerned of the rights and privileges, as well as the responsibilities, of those who compose the University community.

Jurisdiction of campus regulations can be extended off campus to include: physical abuse; threats of violence; arson-related offenses; any conduct that threatens the health or safety of any persons (including DUI); sexual harassment, stalking, or hazing. The complete text of Campus Regulations can be found at www.sa.ucsb.edu/ regulations.

REGISTERED CAMPUS ORGANIZATIONS, FRATERNITY & SORORITY POLICIES
Students, families, and parents: you play an essential role in helping us foster a safe atmosphere in campus activities! All registered campus organizations (RCOs), including fraternities and sororities, are subject to University regulations regarding organizational conduct. Among other things, these policies help to promote effective administration, access, and a broad range of risk management. All RCOs at UC Santa Barbara are prohibited from hazing (for more information, visit hazing.sa.ucsb.edu). All RCOs at UC Santa Barbara are expected to follow campus policies and local, state, and federal laws (including those regarding alcohol and controlled substances).

If you have concerns about RCO conduct, please email ucsb.dean@students@ sa.ucsb.edu or make a report at the Student Conduct website (http://studentconduct.sa.ucsb.edu). The University regulations are referred to the Registered Campus Organizations Conduct Board for adjudication and response. Response can range from educational requirements to rescinding of University recognition. In order to encourage the use of 911 during emergency situations, under the Responsible Action Protocol, reports that result from calling for medical emergency services will generally only result in educational sanctions.

SEXUAL ASSAULT, DATING/DOMESTIC VIOLENCE AND MARYING POLICY
Sexual assault, dating/domestic violence, and stalking are prohibited by UCSB policies and state laws. The UC Policy on Sexual Harassment and Sexual Violence, which prohibits those behaviors, can be found at https://tinyex.ucsb.edu/policies-and-response-procedures/policies UCSB’s Campus Advocacy, Resources, & Education (CARE) Office is the confidential campus service provider for sexual violence and works to provide crisis intervention, support resources, and accommodations. In addition to advocacy services, CARE provides extensive educational programming and is dedicated to community education focused on social change and creating a UCSB culture that does not support violence. CARE is located in the Student Resource Building and in Isla Vista at the Gauchos Support Center. CARE advocates are available 24 hours a day, 7 days a week by calling the direct advocacy line at (805) 893-4613. For more information about CARE programs and services, visit http://vgsa.sa.ucsb.edu/care.

SMOKING POLICY
As of January 2014, the entire University of California system is smoke-free and tobacco-free. Smokeless tobacco products, e-cigarettes, and unregulated products is not allowed on UC-owned or leased properties.

NOTE OF NON-DISCRIMINATION
The University of California, in accordance with applicable federal and state law and university policy, does not discriminate on the basis of race, color, national origin, religion, sex, gender, gender expression, gender identity, pregnancy, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or sex in the uniformly Defined. The university also prohibits sexual harassment. This nondiscrimination policy covers admission, access, and treatment in University programs and activities.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT OF 1974 (FERPA)
The Family Educational Rights and Privacy Act (FERPA) protects access to a student’s educational records and the ability of others to access those records, except as authorized by law.

When a student reaches 18 years of age or enrolls in a post-secondary institution (even as a minor), the student’s records are protected under federal law from disclosure to an third party (including parents) without prior written authorization from the student. Within FERPA regulations, the words “may” and “must” are used, permitting or requiring an institution to perform a particular act in order to be in compliance with federal regulations. Each UC campus functions as its own separate institution where institutional choice is allowed under FERPA. Information provided in this section summarizes the policies adopted by the Santa Barbara campus. Policies adopted by other UC campuses may differ but remain within federal guidelines. FERPA requires that educational and academic records are managed by separate offices and may maintain different release policies. Students are required to provide dated and signed written consent before information from the student record is released to a third party. The written consent must be signed and dated by the student and specify:

- The educational records to be disclosed
- The party or class of parties to whom the disclosure may be made


RESIDENCE HALL ALCOHOL AND DRUG POLICIES
Students are expected to abide by the university policies on alcohol and other drugs. For university-owned residence halls, each resident is responsible for reviewing and abiding by the policies and regulations stated in the online Residence Hall Policies document that can be found on the housing website (http://www.housing.ucsb.edu). All alcohol and drug violations will be reviewed and sanctioned according to the seriousness of the violation. Sanctions range from requiring a resident to be evaluated and to attend an educational course offered through the UCSB Alcohol and Drug Program, up to contract cancellation.

SUBSTANCE ABUSE POLICY
The fundamental purpose of the UCSB community is a dedication to excellence in teaching, research, and public service. Alcohol and other drug abuse and the resulting consequences can have a significant impact on campus life. Using alcohol or other drugs in a manner that violates university policies on alcohol and/or a controlled substance in a manner that impairs scholarly endeavors, job performance, or student life.

- Shall not use illegal substances
- Shall not use legal substances in a manner that violates applicable criminal or civil laws in the workplace, on university premises, at university activities, while conducting university business.

- Are prohibited from the unlawful manufacture, distribution, dispensation, possession, or use of alcohol and/or a controlled substance in the workplace, on university premises, at university activities, while conducting university business.

- Students found responsible of violating the UCSB Substance Abuse Policy or the Campus Regulations Applying to Campus Activities, Organizations, and Students (http://www.sa.ucsb.edu/regulations) are subject to disciplinary sanctions, which may include participation in an approved counseling or treatment program. The complete text of the UCSB Substance Abuse Policies can be found at http://manifest.ucsb.edu/policies/substance-abuse-policy.
POINTS OF PRIDE

- UC Santa Barbara ranks among higher-education leaders in the United States and Canada as one of only 62 research-intensive institutions elected to membership in the prestigious Association of American Universities.
- UCSB ranks number 7 among all public universities in U.S. News and World Report's 2023 "Top Public Schools" guide, the most widely read college guide in the country.
- UCSB's renowned faculty includes six winners of Nobel Prizes for landmark research in chemistry, physics, and economics. An alumna of the College of Creative Studies was named 2009 Nobel Laureate in Physiology or Medicine.
- UCSB faculty members are elected members of the prestigious academic organizations, including the American Association for the Advancement of Science, with more than 80 current or former faculty; Guggenheim Fellows, more than 60; the American Academy of Arts and Sciences, 45; and National Academy of Engineering, 29.
- The Campaign for UC Santa Barbara has thus far raised more than $1.12 billion to ensure the excellence of the campus and its programs for future generations.
- UCSB was ranked number 10 on Princeton Review's 2022 Top 50 Green Schools list, which recognizes "superb sustainability practices, a strong foundation in sustainability education, and a healthy quality of life for students on campus."
- The university is the editorial headquarters for The Writings of Henry D. Thoreau, a National Endowment for the Humanities (NEH) project that is publishing definitive scholarly editions of the complete works of naturalist and literary artist Henry David Thoreau.
- The Koegel Autism Center at UCSB's Gevirtz Graduate School of Education has been recognized by the National Research Council as one of the top 10 state-of-the-art treatment centers for Autism in the United States.
- For more points of pride, please visit www.ucsb.edu/about/facts-and-figures.

UCSB's 33rd annual Parents & Family Weekend
November 3-4, 2023
All family members are welcome — parents, grandparents, brothers and sisters!
See our website for a complete schedule and online registration:
www.ucsb.edu/ParentsFamilyWeekend
We look forward to seeing you in the fall!

FINAL THOUGHTS

The parents of the Summer Orientation Staff offer some words of wisdom and things they wish they had known as their students started college.

As a parent, I wish I’d known …

... that my student should not visit home within the first couple weeks of moving in because it is an important time to start making friends and get involved, which helps with homesickness.
... that my student thinks of us more than she calls us.
... that my parenting really did prepare my student for an independent college life.
... that there is always someone available to help my student in all aspects of her life. The professors are very helpful and CLAS is also a good resource.
... to plan a trip to UCSB about a month before the summer vacation begins to bring things home — it makes the final move out so much easier.
... that my student would succeed in college. Even though I worried so much about him, he did just fine.
... to make hotel reservations well in advance for Parents & Family Weekend and Commencement.
... that CSOs (Community Service Organization officers) would be available to escort my student anywhere on campus or in Isla Vista.
... that being supportive sometimes means keeping your opinion to yourself.
... that my student does not need to enter with a major. It is okay if they are undeclared.
... that, for all the advice and experience I can offer, there are some lessons my student will just have to learn on their own.
... that grades are not the most important indication of success. What my student actually learns both in and outside of the classroom is just as, if not more, important.

Notes

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